

CARREIRA POPULAR VIGO + 11, Vigo 04/10/2009

Trofeo El Corte Ingles. Distancia: 11.000 m

CLASIFICACIÓN GENERAL MASCULINA Y FEMENINA**MASCULINO**

| PtoSex | Dorsal | Nombre | Puesto Catego. | Tiempo Oficial | Ritmo km | Tiempo Real | Ritmo km Real | Meta Volante Caixanova | Licencia | Club | Localidad |
|--------|--------|---------------------------------|----------------|----------------|----------|-------------|---------------|------------------------|----------|---------------------------------------|------------------------|
| 1 | 3709 | MANUEL ANGEL PENAS BLANCO | SNM- 1 | 00:33:27 | 03:03 | 00:33:27 | 03:03 | 00:24:04 | | PUMA CHAPIN DE JEREZ | Culleredo |
| 2 | 3906 | JESUS DE LA FUENTE | SNM- 2 | 00:34:01 | 03:06 | 00:34:01 | 03:06 | 00:24:15 | | Independiente | Santiago de Compostela |
| 3 | 3712 | DANIEL BARGIELA ARAUJO | SNM- 3 | 00:34:13 | 03:07 | 00:34:13 | 03:07 | 00:24:23 | | CORREDOIRAS DE BUEU | Ponteareas |
| 4 | 3874 | GUSTAVO NIEVES CAMPELLO | SNM- 4 | 00:34:56 | 03:11 | 00:34:56 | 03:11 | 00:24:42 | | SOCIEDAD GIMNASTICA DE PONTEVEDRA | VIGO |
| 5 | 3291 | RICARDO VALE | PRM- 1 | 00:35:07 | 03:12 | 00:35:07 | 03:12 | 00:24:44 | | SPORTING CLUBE DE BRAGA | Braga |
| 6 | 3848 | ENRIQUE MORAZA MOLINA | SNM- 5 | 00:35:44 | 03:15 | 00:35:44 | 03:15 | 00:25:20 | | Diputacion de Cordoba | Sevilla |
| 7 | 3309 | AKKA ESSAADAQUI | SNM- 6 | 00:35:53 | 03:16 | 00:35:53 | 03:16 | 00:25:21 | | Independiente | SALCEDA DE CASELAS |
| 8 | 3261 | ÁLVARO PRIETO FERVENZA | SNM- 7 | 00:35:56 | 03:16 | 00:35:56 | 03:16 | 00:25:38 | | Playas de Jandía | CANGAS |
| 9 | 3097 | HEITOR OLIVEIRA | SNM- 8 | 00:36:00 | 03:17 | 00:36:00 | 03:17 | 00:25:36 | | Cyclones/Sanitop | Braga |
| 10 | 3257 | ÓSCAR PIÑEIRO PÉREZ | SNM- 9 | 00:36:20 | 03:19 | 00:36:20 | 03:19 | 00:25:47 | | OURENSE ATLETISMO ACADEMIA POSTAL | VIGO |
| 11 | 3300 | SERGIO IGLESIAS ALONSO | PRM- 2 | 00:36:36 | 03:20 | 00:36:36 | 03:20 | 00:25:59 | | Vila de Cangas | BEADE - VIGO |
| 12 | 3598 | JOSÉ CARLOS ADÁN ARIAS | VTAM- 1 | 00:36:36 | 03:20 | 00:36:36 | 03:20 | 00:26:00 | | Independiente | VIGO |
| 13 | 3275 | ANTON AMOEDO GIMENEZ | SNM- 10 | 00:37:25 | 03:25 | 00:37:25 | 03:25 | 00:26:36 | | S.A. VAL MIÑOR | VIGO |
| 14 | 3444 | FRANCISCO JOSE SERRA CALDAS | SNM- 11 | 00:37:30 | 03:25 | 00:37:29 | 03:25 | 00:26:31 | | Independiente | |
| 15 | 3806 | ALBERTO GARCÍA DE LA IGLESIA | SNM- 12 | 00:37:33 | 03:25 | 00:37:32 | 03:25 | 00:26:56 | | ATLETISMO PEREIRA | VIGO |
| 16 | 3828 | MIGUEL FERNANDEZ PEREIRA | VTBM- 1 | 00:37:41 | 03:26 | 00:37:40 | 03:26 | 00:26:49 | | Club Atletismo Vigo | Nigrán |
| 17 | 3811 | RUBEN PEREIRA CARDALDA | SNM- 13 | 00:37:50 | 03:27 | 00:37:50 | 03:27 | 00:27:03 A8411 | | CLUB ATLETISMO PEREIRA | Gondomar |
| 18 | 3036 | JUAN MANUEL MENDEZ ESTEVEZ | VTBM- 2 | 00:38:29 | 03:30 | 00:38:28 | 03:30 | 00:27:13 | | Castrelos | VIGO |
| 19 | 3845 | ALBERTO COSTAS TABOAS | VTBM- 3 | 00:38:29 | 03:30 | 00:38:29 | 03:30 | 00:27:11 lic 19035 | | club celta de vigo | Petelos - Mos |
| 20 | 3281 | SAMUEL RODRIGUEZ GOMEZ | XVM- 1 | 00:38:32 | 03:31 | 00:38:32 | 03:31 | 00:27:17 | | San Bartolomeu de Moaña | VIGO |
| 21 | 3280 | CARLOS YAÑEZ ALONSO | JNM- 1 | 00:39:07 | 03:34 | 00:39:05 | 03:34 | 00:27:56 | | SAMERTOLAMEU | |
| 22 | 3808 | ANTONIO SOBRADO FERNANDEZ | VTAM- 2 | 00:39:21 | 03:35 | 00:39:21 | 03:35 | 00:28:08 | | Atletismo Val da Louriña | Redondela |
| 23 | 3255 | FAUSTO HERNANZ MORNAL | VTBM- 4 | 00:39:23 | 03:35 | 00:39:23 | 03:35 | 00:28:02 | | OURENSE ATLETISMO ACADEMIA POSTAL | VIGO |
| 24 | 3526 | JOSE ANTONIO PARIS BLANCO | SNM- 14 | 00:39:29 | 03:36 | 00:39:25 | 03:35 | 00:28:14 | | Independiente | VIGO |
| 25 | 3807 | FELIPE MIGUENS GASAMANES | SNM- 15 | 00:39:47 | 03:37 | 00:39:46 | 03:37 | 00:28:19 | | Atletismo Sar - Concello de Ames | PONTECESURES |
| 26 | 3399 | EMILIO MANUEL ALONSO LANDESA | SNM- 16 | 00:39:48 | 03:38 | 00:39:41 | 03:37 | 00:28:26 | | Independiente | VIGO |
| 27 | 3278 | RAMON ALVAREZ PEREZ | SNM- 17 | 00:39:57 | 03:38 | 00:39:56 | 03:38 | 00:28:25 | | S.A. VAL MIÑOR | VIGO |
| 28 | 3144 | FERNANDO BAZ BLACH | VTBM- 5 | 00:39:58 | 03:38 | 00:39:58 | 03:38 | 00:28:30 | | Independiente | VIGO |
| 29 | 3181 | JOSÉ MARTÍNEZ RODRÍGUEZ | PRM- 3 | 00:40:03 | 03:39 | 00:40:00 | 03:39 | 00:28:14 | | Independiente | VIGO |
| 30 | 3821 | DAVID COSTAS TORRES | SNM- 18 | 00:40:04 | 03:39 | 00:40:02 | 03:39 | 00:28:45 | | Club Atletismo Vigo | VIGO |
| 31 | 3023 | DIEGO GONZALEZ MARTINEZ | SNM- 19 | 00:40:05 | 03:39 | 00:40:05 | 03:39 | 00:28:32 | | C.A. MANDARACHE | MARIN |
| 32 | 3037 | ELOY TAPIA GARCÍA | VTAM- 1 | 00:40:24 | 03:41 | 00:40:23 | 03:41 | 00:28:46 | | CELTA ATLETISMO | VIGO |
| 33 | 3823 | JOSE ALVAREZ ALFONSO | VTAM- 2 | 00:40:26 | 03:41 | 00:40:26 | 03:41 | 00:29:03 | | Club Atletismo Vigo | VIGO |
| 34 | 3021 | MANUEL PRIETO DE LA IGLESIA | SNM- 20 | 00:40:29 | 03:41 | 00:40:26 | 03:41 | 00:28:45 | | ATLETISMO PEREIRA | VIGO |
| 35 | 3163 | JAVIER LAFUENTE ROIS | SNM- 21 | 00:40:31 | 03:41 | 00:40:24 | 03:41 | 00:28:47 | | Independiente | VIGO |
| 36 | 3094 | SERAFIN COSTAS IGLESIAS | SNM- 22 | 00:40:32 | 03:42 | 00:40:32 | 03:42 | 00:29:03 A9988 | | Comesaña Sporting Club | VIGO |
| 37 | 3276 | ANTONIO SOLIÑO CASTRO | VTAM- 3 | 00:40:42 | 03:42 | 00:40:41 | 03:42 | 00:29:03 Ga 16018 | | S.A. VAL MIÑOR | Redondela |
| 38 | 3051 | MIGUEL MARZOA RUIZ | SNM- 23 | 00:40:46 | 03:43 | 00:40:44 | 03:43 | 00:29:07 | | Club Atletismo Venturiña do Grove | VIGO |
| 39 | 3166 | JOAQUIN ESTEVEZ VILLAR | SNM- 24 | 00:40:54 | 03:44 | 00:40:53 | 03:43 | 00:28:56 | | Independiente | VIGO |
| 40 | 3354 | BRUNO FELIPE MUIÑOS CARBALLO | SNM- 25 | 00:41:11 | 03:45 | 00:41:10 | 03:45 | 00:29:26 | | Independiente | VIGO |
| 41 | 3897 | ROBERTO ULLOA FERNANDEZ | SNM- 26 | 00:41:16 | 03:46 | 00:41:15 | 03:45 | 00:29:27 | | Independiente | Cambre |
| 42 | 3826 | JOSE LUIS PICO PITA | VTAM- 3 | 00:41:29 | 03:47 | 00:41:22 | 03:46 | 00:29:47 | | Club Atletismo Vigo | VIGO |
| 43 | 3832 | CARLOS JAVIER ESTEVEZ ALONSO | VTAM- 4 | 00:41:29 | 03:47 | 00:41:20 | 03:46 | 00:29:47 | | Club Atletismo Vigo | VIGO |
| 44 | 3844 | JOSE JAVIER GOMEZ IGLESIAS | VTAM- 5 | 00:41:34 | 03:47 | 00:41:29 | 03:47 | 00:29:38 A7131 | | Club Burgas Atletismo | OURENSE |
| 45 | 3087 | ALEJANDRO ÁLVAREZ COSTAS | XVM- 2 | 00:41:37 | 03:47 | 00:41:37 | 03:47 | 00:29:58 A9987 | | Comesaña Sporting Club | VIGO |
| 46 | 3855 | JOSÉ MANUEL GONZÁLEZ SANTAMARÍA | VTAM- 6 | 00:41:40 | 03:48 | 00:41:33 | 03:47 | 00:29:38 | | Independiente | Boiro |
| 47 | 3273 | JUAN CARLOS PÉREZ MENDEZ | VTBM- 6 | 00:41:41 | 03:48 | 00:41:39 | 03:48 | 00:29:49 | | QUEIMADA | Baiona |
| 48 | 3810 | FRANCISCO JAVIER LAGO GOBERNA | SNM- 27 | 00:41:53 | 03:49 | 00:41:49 | 03:49 | 00:29:50 | | CLUB ATLETISMO FLORISTERIA CARMEN SIO | VIGO |
| 49 | 3892 | IVÁN JESÚS RAMIL VÁZQUEZ | SNM- 28 | 00:41:57 | 03:49 | 00:41:52 | 03:49 | 00:29:41 | | Independiente | VIGO |
| 50 | 3803 | RAMIRO MENDEZ RODRIGUEZ | VTAM- 4 | 00:42:01 | 03:50 | 00:41:58 | 03:49 | 00:30:12 | | Atletismo A Gándara Monforte | Monforte de Lemos |

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Trofeo El Corte Ingles. Distancia: 11.000 m

CLASIFICACIÓN GENERAL MASCULINA Y FEMENINA

| | | | | | | | | | | |
|-----|------|---------------------------------|----------|----------|-------|----------|-------|-----------------|--|---------------------------|
| 51 | 3879 | EDUARDO PINO MARTINEZ | SNM- 29 | 00:42:04 | 03:50 | 00:42:04 | 03:50 | 00:30:08 | Taninos Runners Ponteareas | Ponteareas |
| 52 | 3216 | MARCOS CRUZ SÁNCHEZ | SNM- 30 | 00:42:08 | 03:50 | 00:42:00 | 03:50 | 00:30:24 | Independiente | Redondela |
| 53 | 3244 | TELMO CALLE FACAL | SNM- 31 | 00:42:09 | 03:50 | 00:41:55 | 03:49 | 00:30:54 | Independiente | PONTEVEDRA |
| 54 | 3277 | JOSE ANDRES FERVENZA FRAGUEIRO | VTAM- 7 | 00:42:16 | 03:51 | 00:42:15 | 03:51 | 00:30:28 | S.A. VAL MIÑOR | VIGO |
| 55 | 3471 | JACOBO PINTOS BARCOS | SNM- 32 | 00:42:20 | 03:51 | 00:42:17 | 03:51 | 00:30:00 | Independiente | MOS |
| 56 | 3286 | PABLO REGADAS ROMAN | JNM- 2 | 00:42:29 | 03:52 | 00:42:28 | 03:52 | 00:30:24 | SOCIEDAD DEPORTIVA ATLETISMO SAN MIGUEL DE OYA | VIGO |
| 57 | 3819 | JUAN CARLOS VIDAL GONZALEZ | VTAM- 8 | 00:42:35 | 03:53 | 00:42:25 | 03:52 | 00:30:30 A-8117 | Club Atletismo Porriño | Ponteareas |
| 58 | 3889 | DIEGO VICENZUTTO | SNM- 33 | 00:42:39 | 03:53 | 00:42:35 | 03:53 | 00:30:15 | Independiente | Hio de Cangas del Morrazo |
| 59 | 3001 | EMILIO JOSE DIESTE REGADES | SNM- 34 | 00:42:40 | 03:53 | 00:42:33 | 03:53 | 00:30:26 | A.D. Do Barbanza | A Pobra do Caramiñal |
| 60 | 3092 | MIGUEL ANGEL COSTAS IGLESIAS | SNM- 35 | 00:42:44 | 03:54 | 00:42:33 | 03:53 | 00:30:55 | Comesaña Sporting Club | VIGO |
| 61 | 3893 | JOSE LUIS ARAGANDE SOUTULLO | SNM- 36 | 00:42:46 | 03:54 | 00:42:40 | 03:53 | 00:30:15 | Independiente | Cambados |
| 62 | 3707 | JULIO OJEA FERNANDEZ | VTM- 5 | 00:42:49 | 03:54 | 00:42:41 | 03:53 | 00:31:01 | Club Atletismo Vigo | VIGO |
| 63 | 3017 | JOSÉ RAMÓN COLLAZO REGUEIRO | VTBM- 7 | 00:42:56 | 03:55 | 00:42:51 | 03:54 | 00:30:43 | Athletics Aventura | VIGO |
| 64 | 3658 | RAFAEL FERNANDEZ ALVAREZ | VTAM- 9 | 00:43:01 | 03:55 | 00:42:46 | 03:54 | 00:31:05 | Independiente | VIGO |
| 65 | 3212 | MANUEL GONZALEZ CUÑA | SNM- 37 | 00:43:02 | 03:55 | 00:42:53 | 03:54 | 00:30:43 | Independiente | Gondomar |
| 66 | 3451 | GONZALO RODRIGUEZ LOPEZ | SNM- 38 | 00:43:04 | 03:55 | 00:42:54 | 03:54 | 00:30:33 | Independiente | Redondela |
| 67 | 3434 | FRANCISCO JAVIER PENA PEREIRA | SNM- 39 | 00:43:11 | 03:56 | 00:42:47 | 03:54 | 00:31:25 | Independiente | VIGO |
| 68 | 3392 | DIEGO GUERRA HREBELLO | PRM- 4 | 00:43:16 | 03:56 | 00:43:01 | 03:55 | 00:31:19 | Independiente | |
| 69 | 3556 | JUAN ANTONIO LOPEZ FERNANDEZ | SNM- 40 | 00:43:20 | 03:57 | 00:43:12 | 03:56 | 00:30:48 | Independiente | VIGO |
| 70 | 3474 | JAIIME PEÑAS COGOLLUDO | SNM- 41 | 00:43:29 | 03:58 | 00:43:29 | 03:58 | 00:31:16 | Independiente | PONTEVEDRA |
| 71 | 3371 | CESAR SANTOS BARCIELA | SNM- 42 | 00:43:32 | 03:58 | 00:43:12 | 03:56 | 00:31:25 | Independiente | VIGO |
| 72 | 3369 | CARMELO GÓRRIZ GIL | SNM- 43 | 00:43:36 | 03:58 | 00:43:13 | 03:56 | 00:31:43 | Independiente | VIGO |
| 73 | 3445 | FRANCISCO JOSE GONZALEZ LAGO | VTAM- 10 | 00:43:39 | 03:59 | 00:43:00 | 03:55 | 00:31:25 | Independiente | VIGO |
| 74 | 3182 | JOSÉ FERNANDEZ OTERO | VTBM- 8 | 00:43:43 | 03:59 | 00:43:31 | 03:58 | 00:31:16 | Independiente | VIGO |
| 75 | 3890 | FRANCISCO OTERO AMOEDO | SNM- 44 | 00:43:47 | 03:59 | 00:43:46 | 03:59 | 00:31:08 | Independiente | Redondela |
| 76 | 3279 | HORACIO GIL LAMEIRO | SNM- 45 | 00:43:49 | 03:59 | 00:43:44 | 03:59 | 00:31:11 | S.D. ATL San Miguel de Oya | VIGO |
| 77 | 3573 | JUAN MANUEL BELLO LOSADA | SNM- 46 | 00:43:53 | 04:00 | 00:43:48 | 03:59 | 00:31:08 | Independiente | MOS |
| 78 | 3137 | ENRIQUE ROMÁN VÁZQUEZ | SNM- 47 | 00:43:55 | 04:00 | 00:43:47 | 03:59 | 00:31:52 | Independiente | VIGO |
| 79 | 3363 | CARLOS JACOME COUÑAGO | SNM- 48 | 00:43:56 | 04:00 | 00:43:43 | 03:59 | 00:31:42 | Independiente | VIGO |
| 80 | 3389 | DAVID GIL PORTEIRO | SNM- 49 | 00:43:57 | 04:00 | 00:43:40 | 03:59 | 00:31:33 | Independiente | VIGO |
| 81 | 3266 | JOSE CARLOS GRAÑA ALONSO | VTBM- 9 | 00:43:58 | 04:00 | 00:43:43 | 03:59 | 00:31:42 | PRECISGAL | MOS |
| 82 | 3293 | ALBERTO IGLESIAS BARROS | SNM- 50 | 00:43:58 | 04:00 | 00:43:55 | 04:00 | 00:31:35 | UNIVERSIDADE DE VIGO | VIGO |
| 83 | 3802 | JOSÉ MANUEL PÉREZ VÁZQUEZ | VTM- 6 | 00:44:01 | 04:01 | 00:43:49 | 03:59 | 00:31:53 a8151 | Athletics Aventura | VIGO |
| 84 | 3112 | ALEXANDRE ALONSO FERNÁNDEZ | SNM- 51 | 00:44:07 | 04:01 | 00:43:53 | 04:00 | 00:32:02 | Independiente | VIGO |
| 85 | 3857 | PABLO ALONSO FIGUEROA | SNM- 52 | 00:44:09 | 04:01 | 00:44:04 | 04:01 | 00:31:55 | Independiente | Sanxenxo |
| 86 | 3896 | ROBERTO PRIEGO RAMOS | SNM- 53 | 00:44:20 | 04:02 | 00:44:18 | 04:02 | 00:31:31 | Independiente | O PORRIÑO |
| 87 | 3699 | WALIF SOUSA LOIOLA | XVM- 3 | 00:44:25 | 04:03 | 00:44:14 | 04:02 | 00:30:42 | Independiente | Ponteareas |
| 88 | 3622 | MAXIMINO GUISANDE LOPEZ | SNM- 54 | 00:44:27 | 04:03 | 00:44:07 | 04:01 | 00:31:49 | Independiente | Mondariz |
| 89 | 3633 | MIGUEL ANGEL FERNANDEZ ALVAREZ | SNM- 55 | 00:44:27 | 04:03 | 00:44:16 | 04:02 | 00:31:56 | Independiente | VIGO |
| 90 | 3847 | ALBERTO RODRIGUEZ MEIRIÑO | SNM- 56 | 00:44:30 | 04:03 | 00:44:06 | 04:01 | 00:32:09 | CRONOTEC-C. T. VIGO | VIGO |
| 91 | 3381 | DAVID FERNANDEZ GRADIN | SNM- 57 | 00:44:31 | 04:03 | 00:44:16 | 04:02 | 00:32:00 | Independiente | VIGO |
| 92 | 3253 | LUIS GONZÁLEZ FERNÁNDEZ | VTAM- 11 | 00:44:32 | 04:03 | 00:44:22 | 04:02 | 00:31:34 | NATURA | VIGO |
| 93 | 3014 | DANIEL RIVERA GOMEZ | VTAM- 12 | 00:44:35 | 04:04 | 00:44:21 | 04:02 | 00:32:18 | Athletics Aventura | VIGO |
| 94 | 3587 | LUIS MANUEL RODRÍGUEZ CABALEIRO | SNM- 58 | 00:44:36 | 04:04 | 00:44:34 | 04:04 | 00:32:22 | Independiente | OURENSE |
| 95 | 3500 | JESÚS CARBALLEIRA FLÓREZ | VTM- 7 | 00:44:39 | 04:04 | 00:44:19 | 04:02 | 00:32:11 | Independiente | Baiona |
| 96 | 3427 | FRANCISCO MALLO PÉREZ | SNM- 59 | 00:44:43 | 04:04 | 00:44:35 | 04:04 | 00:31:55 | Independiente | VIGO |
| 97 | 3805 | RAFAEL BARROS OYA | VTAM- 13 | 00:44:45 | 04:05 | 00:44:39 | 04:04 | 00:32:31 | ATLETISMO PEREIRA | VIGO |
| 98 | 3584 | LUIS GUIMAREY PEREZ | VTM- 8 | 00:44:46 | 04:05 | 00:44:37 | 04:04 | 00:31:41 | Independiente | VIGO |
| 99 | 3484 | JAVIER RODRIGUEZ FERNANDEZ | SNM- 60 | 00:44:47 | 04:05 | 00:44:35 | 04:04 | 00:32:16 | Independiente | VIGO |
| 100 | 3323 | ALBERTO SABORIDO VILAR | SNM- 61 | 00:44:49 | 04:05 | 00:44:27 | 04:03 | 00:32:28 | Independiente | VIGO |
| 101 | 3672 | ROBERTO REY GONZALEZ | VTDM- 1 | 00:44:50 | 04:05 | 00:44:50 | 04:05 | 00:31:43 | Independiente | VIGO |
| 102 | 3599 | MANUEL CARMUEJA GROBA | VTAM- 14 | 00:44:50 | 04:05 | 00:44:46 | 04:05 | 00:31:42 | Independiente | VIGO |
| 103 | 3083 | JONATAN MARTINEZ PEREIRA | SNM- 62 | 00:44:52 | 04:05 | 00:44:49 | 04:05 | 00:31:38 | CLUB TRIATLON CORMORANS | VIGO |
| 104 | 3129 | DAVID ALVAREZ ALONSO | SNM- 63 | 00:44:53 | 04:05 | 00:44:41 | 04:04 | 00:32:37 | Independiente | OURENSE |

CARRERA POPULAR VIGO + 11, Vigo 04/10/2009

Trofeo El Corte Ingles. Distancia: 11.000 m

CLASIFICACIÓN GENERAL MASCULINA Y FEMENINA

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|-----|--------------------------------------|----------|----------|-------|----------|-------|-------------------|--|-------------------|
| 105 | 3634 MIGUEL ANGEL BLANCO PLAZA | SNM- 64 | 00:44:56 | 04:06 | 00:44:35 | 04:04 | 00:32:40 | Independiente | VIGO |
| 106 | 3070 JULIO FERNANDEZ OITAVEN | VTBM- 10 | 00:44:59 | 04:06 | 00:44:51 | 04:05 | 00:32:29 GA 19060 | CLUB DE ATLETISMO VETERANOS DE SAMIL | VIGO |
| 107 | 3842 FRANCISCO JAVIER GOMEZ LAGO | VTAM- 15 | 00:44:59 | 04:06 | 00:44:51 | 04:05 | 00:31:57 | Club Atletismo Vigo | VIGO |
| 108 | 3904 CARLOS ROCA RODRÍGUEZ | VTAM- 16 | 00:45:00 | 04:06 | 00:44:45 | 04:05 | 00:32:01 | Independiente | VIGO |
| 109 | 3285 JESUS CEDEIRA LEYENDA | SNM- 65 | 00:45:02 | 04:06 | 00:44:38 | 04:04 | 00:31:52 | SOCIEDAD DEPORTIVA ATLETISMO SAN MIGUEL DE OYA | Baiona |
| 110 | 3361 CARLOS CARRERA MORANA | SNM- 66 | 00:45:07 | 04:07 | 00:44:51 | 04:05 | 00:32:16 | Independiente | VIGO |
| 111 | 3711 GUILLERMO GOMEZ GUTIERREZ | VTM- 9 | 00:45:08 | 04:07 | 00:44:59 | 04:06 | 00:32:19 | Club Atletismo Vigo | VIGO |
| 112 | 3296 MARCOS DOMINGUEZ FARO | SNM- 67 | 00:45:08 | 04:07 | 00:44:56 | 04:06 | 00:31:44 | UNIVERSIDADE DE VIGO | Ponteareas |
| 113 | 3303 ABDÓN CRUCES CARIDE | VTBM- 11 | 00:45:11 | 04:07 | 00:44:52 | 04:05 | 00:32:21 | Independiente | VIGO |
| 114 | 3836 ANTONIO JAVIER PINTOS RAMOS | VTM- 10 | 00:45:12 | 04:07 | 00:45:09 | 04:07 | 00:32:19 | Club Atletismo Vigo | VIGO |
| 115 | 3901 EDUARDO GOY GOMEZ | VTAM- 17 | 00:45:14 | 04:07 | 00:44:50 | 04:05 | 00:32:42 | Independiente | Redondela |
| 116 | 3815 VENANCIO PARAMOS PÉREZ | VTM- 11 | 00:45:16 | 04:07 | 00:45:16 | 04:07 | 00:31:56 G-15692 | Club Atletismo Porriño | PORRIÑO |
| 117 | 3072 MIGUEL ANGEL NOVOA RODRIGUEZ | SNM- 68 | 00:45:19 | 04:08 | 00:45:09 | 04:07 | 00:32:42 | CLUB DE ATLETISMO VETERANOS DE SAMIL | As Neves |
| 118 | 3335 ANGEL VAZQUEZ RODRIGUEZ | VTAM- 18 | 00:45:19 | 04:08 | 00:45:11 | 04:07 | 00:32:24 | Independiente | Nigrán |
| 119 | 3359 CARLOS DOCAMPO PUENTE | JNM- 3 | 00:45:21 | 04:08 | 00:45:08 | 04:07 | 00:32:15 | Independiente | VIGO |
| 120 | 3430 FRANCISCO TIELAS TATO | SNM- 69 | 00:45:23 | 04:08 | 00:45:09 | 04:07 | 00:32:34 | Independiente | VIGO |
| 121 | 3813 AMADOR REBORED A GRAÑA | VTAM- 19 | 00:45:25 | 04:08 | 00:45:14 | 04:07 | 00:32:35 A-8184 | Club Atletismo Porriño | Redondela |
| 122 | 3317 ALBERTO CARNERO DIAZ | SNM- 70 | 00:45:26 | 04:08 | 00:45:05 | 04:06 | 00:32:53 | Independiente | VIGO |
| 123 | 3616 MARCOS EDUARDO PIÑA GONZALEZ | SNM- 71 | 00:45:31 | 04:09 | 00:45:01 | 04:06 | 00:32:32 | Independiente | VIGO |
| 124 | 3682 SANTIAGO PRADO ALVAREZ | SNM- 72 | 00:45:31 | 04:09 | 00:45:25 | 04:08 | 00:32:27 | Independiente | VIGO |
| 125 | 3209 MANUEL VILLANUEVA TORRES | SNM- 73 | 00:45:31 | 04:09 | 00:45:22 | 04:08 | 00:32:49 | Independiente | VIGO |
| 126 | 3677 SANTIAGO FIGUEROA CARPINTERO | SNM- 74 | 00:45:36 | 04:09 | 00:45:05 | 04:06 | 00:32:32 | Independiente | Redondela |
| 127 | 3461 HUGO AUGUSTO LOURENCO COSTA | SNM- 75 | 00:45:38 | 04:09 | 00:45:01 | 04:06 | 00:33:02 | Independiente | VIGO |
| 128 | 3108 ALEJANDRO OTERO RAMIREZ | SNM- 76 | 00:45:38 | 04:09 | 00:45:07 | 04:07 | 00:33:01 | Independiente | VIGO |
| 129 | 3142 FERNANDO RAMA GONZÁLEZ | SNM- 77 | 00:45:39 | 04:09 | 00:45:29 | 04:09 | 00:32:29 | Independiente | Ponteareas |
| 130 | 3452 GONZALO GONZALEZ GONZALEZ | VTAM- 20 | 00:45:39 | 04:09 | 00:45:33 | 04:09 | 00:32:52 | Independiente | VIGO |
| 131 | 3502 JESUS MARIA FERNANDEZ CANTO | VTM- 12 | 00:45:40 | 04:10 | 00:45:26 | 04:08 | 00:32:31 | Independiente | VIGO |
| 132 | 3840 BERNARDO MOLARES RIVAS | VTAM- 21 | 00:45:43 | 04:10 | 00:45:39 | 04:09 | 00:32:39 | Club Atletismo Vigo | VIGO |
| 133 | 3365 CARLOS CID COELLO | VTAM- 22 | 00:45:43 | 04:10 | 00:45:39 | 04:09 | 00:32:39 | Independiente | VIGO |
| 134 | 3831 EVARISTO PEREIRA DE LA TORRE | VTM- 13 | 00:45:51 | 04:11 | 00:45:41 | 04:10 | 00:32:59 | Club Atletismo Vigo | VIGO |
| 135 | 3190 JOSE LUIS POUSA PRADO | VTAM- 23 | 00:45:51 | 04:11 | 00:45:30 | 04:09 | 00:32:40 | Independiente | Nigrán |
| 136 | 3680 SANTIAGO CABAILEIRO RODRIGUEZ | SNM- 78 | 00:45:54 | 04:11 | 00:45:31 | 04:09 | 00:32:49 | Independiente | VIGO |
| 137 | 3044 SANTIAGO RODRIGUEZ FERNANDEZ | SNM- 79 | 00:45:54 | 04:11 | 00:45:53 | 04:11 | 00:32:53 | CLUB ATLETISMO MASELGA | VIGO |
| 138 | 3125 CESAREO PRADO FIGUEROA | VTBM- 12 | 00:45:58 | 04:11 | 00:45:18 | 04:08 | 00:33:01 | Independiente | VIGO |
| 139 | 3045 JUAN CARLOS MAGDALENA SUAREZ | SNM- 80 | 00:45:58 | 04:11 | 00:45:43 | 04:10 | 00:33:23 | CLUB ATLETISMO MIERES | MIERES |
| 140 | 3111 ALFONSO FERNANDEZ DOMINGUEZ | SNM- 81 | 00:45:58 | 04:11 | 00:45:55 | 04:11 | 00:32:57 | Independiente | O GROVE |
| 141 | 3115 ANTONIO COMESAÑA PIRES | PRM- 5 | 00:46:01 | 04:11 | 00:45:57 | 04:11 | 00:33:38 | Independiente | BEADE - VIGO |
| 142 | 3038 JOSE ANTONIO RODRIGUEZ ALVAREZ | SNM- 82 | 00:46:02 | 04:12 | 00:45:26 | 04:08 | 00:33:02 | club atletismo as flores carmen sio | VIGO |
| 143 | 3030 JOSE DANIEL GONZALEZ QUINTAIROS | VTM- 14 | 00:46:03 | 04:12 | 00:45:27 | 04:08 | 00:33:19 A-10039 | c.d. val da rabeda | Barbadás |
| 144 | 3588 MANOEL ANXO GANDÓN ESTÉVEZ | VTAM- 24 | 00:46:03 | 04:12 | 00:46:03 | 04:12 | 00:33:18 | Independiente | BUEU |
| 145 | 3838 JOSE MANUEL GALLEG O GUISANDE | VTBM- 13 | 00:46:03 | 04:12 | 00:45:55 | 04:11 | 00:32:54 | Club Atletismo Vigo | VIGO |
| 146 | 3645 OSCAR LAGO CERVIÑO | VTBM- 14 | 00:46:05 | 04:12 | 00:45:57 | 04:11 | 00:33:01 | Independiente | VIGO |
| 147 | 3578 JULIO ALVAREZ ESTÉVEZ | SNM- 83 | 00:46:05 | 04:12 | 00:46:01 | 04:11 | 00:32:54 | Independiente | VIGO |
| 148 | 3153 GONZALO DOMINGUEZ ESTEVEZ | SNM- 84 | 00:46:08 | 04:12 | 00:45:55 | 04:11 | 00:33:44 | Independiente | PORRIÑO |
| 149 | 3008 JAVIER LÓPEZ DOMÍNGUEZ | SNM- 85 | 00:46:10 | 04:12 | 00:46:07 | 04:12 | 00:33:13 | ATHLETICS ALUPORTA | VIGO |
| 150 | 3052 ANGEL SOLIÑO SOTELO | SNM- 86 | 00:46:12 | 04:12 | 00:46:12 | 04:12 | 00:33:03 | CLUB ATLETISMO VILA DE CANGAS | CANGAS DE MORRAZO |
| 151 | 3041 HELIODORO GIL LORENZO | VTAM- 25 | 00:46:14 | 04:13 | 00:46:02 | 04:12 | 00:33:46 | CLUB ATLETISMO MASELGA | VIGO |
| 152 | 3042 JUAN CARLOS ROMAN MARCOTE | VTAM- 26 | 00:46:14 | 04:13 | 00:45:38 | 04:09 | 00:33:03 | CLUB ATLETISMO MASELGA | VIGO |
| 153 | 3355 CAMILO GONZALEZ MOREIRA | VTAM- 27 | 00:46:14 | 04:13 | 00:46:12 | 04:12 | 00:32:42 | Independiente | VIGO |
| 154 | 3873 ALBERTO TRINCADO FERNANDEZ | VTAM- 28 | 00:46:17 | 04:13 | 00:46:12 | 04:12 | 00:32:33 | REAL CLUB NÁUTICO DE VIGO | VIGO |
| 155 | 3329 ALVARO GARCIA ALONSO | SNM- 87 | 00:46:19 | 04:13 | 00:45:35 | 04:09 | 00:34:14 | Independiente | VIGO |
| 156 | 3326 ALFONSO CARREGAL RAÑO | VTBM- 15 | 00:46:20 | 04:13 | 00:46:17 | 04:13 | 00:32:59 | Independiente | VIGO |
| 157 | 3684 SERGIO GOMEZ FIGUEROA | VTAM- 29 | 00:46:28 | 04:14 | 00:46:19 | 04:13 | 00:32:58 | Independiente | Nigrán |
| 158 | 3714 ANGEL ALFRED FERRO MACHO | VTAM- 30 | 00:46:30 | 04:14 | 00:46:18 | 04:13 | 00:33:25 | Club Atletismo Vigo | VIGO |

CARRERA POPULAR VIGO + 11, Vigo 04/10/2009

Trofeo El Corte Ingles. Distancia: 11.000 m

CLASIFICACIÓN GENERAL MASCULINA Y FEMENINA

| | | | | | | | | | |
|-----|--------------------------------------|----------|----------|-------|----------|-------|-------------------|--|-------------------|
| 159 | 3443 FRANCISCO JOSE SUAREZ GARGAMALA | SNM- 88 | 00:46:35 | 04:15 | 00:46:20 | 04:13 | 00:33:36 | Independiente | VIGO |
| 160 | 3383 DAVID ALONSO DUARTE | SNM- 89 | 00:46:40 | 04:15 | 00:46:18 | 04:13 | 00:33:00 | Independiente | |
| 161 | 3673 RODRIGO MARI SZENHIER | SNM- 90 | 00:46:42 | 04:15 | 00:46:38 | 04:15 | 00:32:53 | Independiente | VIGO |
| 162 | 3320 ALBERTO CAMPOS ABALDE | SNM- 91 | 00:46:44 | 04:15 | 00:46:33 | 04:14 | 00:33:42 | Independiente | VIGO |
| 163 | 3197 JUAN ANTONIO QUIÑONES MIGUEZ | VTAM- 31 | 00:46:49 | 04:16 | 00:46:25 | 04:14 | 00:33:25 | Independiente | Redondela |
| 164 | 3123 CARLOS IGLESIAS RODRIGUEZ | VTAM- 32 | 00:46:49 | 04:16 | 00:46:16 | 04:13 | 00:33:45 | Independiente | VIGO |
| 165 | 3883 EUGENIO RUBEN HURTADO DE CASTRO | SNM- 92 | 00:46:50 | 04:16 | 00:46:46 | 04:16 | 00:33:16 | UNIVERSIDADE DE SANTIAGO DE COMPOSTELA | LUGO |
| 166 | 3877 LUIS DAVID MARTIN PEÑA | VTAM- 33 | 00:46:50 | 04:16 | 00:46:31 | 04:14 | 00:33:52 | Taninos Runners Ponteareas | Ponteareas |
| 167 | 3641 OSCAR MOURIÑO COSTAS | SNM- 93 | 00:46:51 | 04:16 | 00:46:31 | 04:14 | 00:33:27 | Independiente | VIGO |
| 168 | 3012 BENIGNO BARREIRO BARREIRO | VTAM- 34 | 00:46:53 | 04:16 | 00:46:32 | 04:14 | 00:33:44 | Athletics Aventura | VIGO |
| 169 | 3648 PABLO CORDERO RODRIGUEZ | SNM- 94 | 00:46:53 | 04:16 | 00:46:27 | 04:14 | 00:33:44 | Independiente | CANGAS DE MORRAZO |
| 170 | 3118 BENITO RODRÍGUEZ MARTÍNEZ | SNM- 95 | 00:46:54 | 04:16 | 00:46:23 | 04:13 | 00:33:48 | Independiente | VIGO |
| 171 | 3701 SANTIAGO VALES MÉNDEZ | SNM- 96 | 00:46:55 | 04:16 | 00:45:51 | 04:11 | 00:33:45 | ATHLETICS AVENTURA | VIGO |
| 172 | 3463 IGNACIO GONZALEZ LAGO | SNM- 97 | 00:46:56 | 04:16 | 00:46:18 | 04:13 | 00:33:42 | Independiente | Redondela |
| 173 | 3525 JOSE ANTONIO QUINTAS CASTRO | SNM- 98 | 00:46:56 | 04:16 | 00:46:17 | 04:13 | 00:33:41 | Independiente | Gondomar |
| 174 | 3026 FELISINDO VILA BLANCO | VTAM- 15 | 00:47:01 | 04:17 | 00:46:26 | 04:14 | 00:33:26 A-10035 | c.d. val da rabeda | TABOADELA |
| 175 | 3274 MIGUEL ANGEL RODRIGUEZ MARTÍNEZ | SNM- 99 | 00:47:02 | 04:17 | 00:46:57 | 04:17 | 00:33:24 | Running Metropoltan Vigo | VIGO |
| 176 | 3215 MANUEL FIDALGO IGLESIAS | VTBM- 16 | 00:47:02 | 04:17 | 00:46:56 | 04:16 | 00:33:25 | Independiente | VIGO |
| 177 | 3119 CAMILO VILLANUEVA LAMEIRO | SNM- 100 | 00:47:03 | 04:17 | 00:46:46 | 04:16 | 00:33:36 | Independiente | VIGO |
| 178 | 3213 MANUEL CARRERA NOGUEIRA | VTAM- 35 | 00:47:04 | 04:17 | 00:46:51 | 04:16 | 00:34:27 | Independiente | VIGO |
| 179 | 3424 FRANCISCO LOPEZ HIDALGO | SNM- 101 | 00:47:04 | 04:17 | 00:46:58 | 04:17 | 00:33:22 | Independiente | Baiona |
| 180 | 3287 SANTIAGO MALLO VILAS | VTBM- 17 | 00:47:10 | 04:18 | 00:47:06 | 04:17 | 00:35:11 | SOCIEDAD DEPORTIVA ATLETISMO SAN MIGUEL DE OYA | VIGO |
| 181 | 3872 JORGE UBEIRA FERNANDEZ | SNM- 102 | 00:47:11 | 04:18 | 00:46:45 | 04:15 | 00:33:45 | REAL CLUB NAUTICO DE VIGO | VIGO |
| 182 | 3373 DANIEL ARENAS LAGO | PRM- 6 | 00:47:13 | 04:18 | 00:46:58 | 04:17 | 00:33:48 | Independiente | VIGO |
| 183 | 3647 PABLO RODRIGUEZ SANCHEZ | SNM- 103 | 00:47:18 | 04:18 | 00:47:08 | 04:18 | 00:33:50 | Independiente | |
| 184 | 3015 JAVIER FERNÁNDEZ SOBRINO | VTAM- 16 | 00:47:19 | 04:19 | 00:47:15 | 04:18 | 00:33:29 | Athletics Aventura | VIGO |
| 185 | 3250 MIGUEL ANGEL SOTO GARCIA | SNM- 104 | 00:47:20 | 04:19 | 00:47:08 | 04:18 | 00:33:59 | maselga | VIGO |
| 186 | 3885 OSCAR SURIS REGUEIRO | VTBM- 18 | 00:47:20 | 04:19 | 00:47:07 | 04:17 | 00:34:23 | UNIVERSIDADE DE VIGO | VIGO |
| 187 | 3295 JOAQUIN TEIJEIRO NUÑEZ | VTAM- 36 | 00:47:20 | 04:19 | 00:47:01 | 04:17 | 00:34:11 | UNIVERSIDADE DE VIGO | VIGO |
| 188 | 3242 SERGIO ALONSO PÉREZ PÉREZ | SNM- 105 | 00:47:21 | 04:19 | 00:46:45 | 04:15 | 00:34:33 | Independiente | VIGO |
| 189 | 3402 ENRIQUE CRESPO PAZOS | SNM- 106 | 00:47:22 | 04:19 | 00:46:58 | 04:17 | 00:33:50 | Independiente | Redondela |
| 190 | 3657 RAFAEL SOLBES VILA | SNM- 107 | 00:47:24 | 04:19 | 00:47:20 | 04:19 | 00:33:55 | Independiente | VIGO |
| 191 | 3833 EVARISTO PEREZ ALVAREZ | VTAM- 17 | 00:47:24 | 04:19 | 00:47:24 | 04:19 | | Club Atletismo Vigo | VIGO |
| 192 | 3638 NICOLÁS OTERO MARTÍNEZ | SNM- 108 | 00:47:27 | 04:19 | 00:47:02 | 04:17 | 00:33:43 | Independiente | CANGAS DE MORRAZO |
| 193 | 3542 JOSE MANUEL BARREIRO PIÑEIRO | SNM- 109 | 00:47:28 | 04:19 | 00:46:52 | 04:16 | 00:34:18 | Independiente | VIGO |
| 194 | 3340 ANTONIO PEREZ IGLESIAS | VTAM- 37 | 00:47:30 | 04:20 | 00:47:08 | 04:18 | 00:34:18 | Independiente | VIGO |
| 195 | 3853 JOSÉ ANTONIO CID RIVAS | VTAM- 38 | 00:47:32 | 04:20 | 00:47:28 | 04:19 | 00:33:58 | Independiente | Tui |
| 196 | 3631 MIGUEL ANGEL GARCIA LAGO | SNM- 110 | 00:47:34 | 04:20 | 00:47:12 | 04:18 | 00:33:36 | Independiente | ARCADE |
| 197 | 3601 MANUEL PEREZ GONZALEZ | VTBM- 19 | 00:47:34 | 04:20 | 00:47:29 | 04:19 | 00:33:58 | Independiente | CELA - MOS |
| 198 | 3537 JOSE LUIS CASAL BUGALLO | VTAM- 39 | 00:47:36 | 04:20 | 00:47:03 | 04:17 | 00:33:32 | Independiente | VIGO |
| 199 | 3140 EUGENIO CHAMORRO RODRIGUEZ | VTBM- 20 | 00:47:37 | 04:20 | 00:47:23 | 04:19 | 00:34:11 | Independiente | VIGO |
| 200 | 3529 JOSE DOMINGO ALAR PRADO | VTAM- 40 | 00:47:37 | 04:20 | 00:47:07 | 04:17 | 00:34:23 | Independiente | Baiona |
| 201 | 3446 GABRIEL PIÑEIRO COSTAS | SNM- 111 | 00:47:38 | 04:20 | 00:47:29 | 04:19 | 00:33:51 | Independiente | |
| 202 | 3659 RAMON RODRIGUEZ CASAL | SNM- 112 | 00:47:38 | 04:20 | 00:47:17 | 04:18 | 00:34:36 | Independiente | VIGO |
| 203 | 3134 EMILIO VILLAR DAVILA | SNM- 113 | 00:47:41 | 04:21 | 00:47:34 | 04:20 | 00:33:39 | Independiente | VIGO |
| 204 | 3056 ANTOLIN RODRIGUEZ GOMEZ | VTDM- 2 | 00:47:42 | 04:21 | 00:47:38 | 04:20 | 00:34:15 GA 15622 | CLUB DE ATLETISMO VETERANOS DE SAMIL | VIGO |
| 205 | 3891 EDUARDO VIEIRA MONTENEGRO | VTAM- 18 | 00:47:43 | 04:21 | 00:47:33 | 04:20 | 00:34:15 | Independiente | VIGO |
| 206 | 3900 ALFONSO CODON VEGA | VTAM- 41 | 00:47:44 | 04:21 | 00:47:26 | 04:19 | 00:34:31 | Independiente | VIGO |
| 207 | 3494 JESUS CONDE LAGO | XVM- 4 | 00:47:46 | 04:21 | 00:47:46 | 04:21 | | Independiente | |
| 208 | 3050 RAFAEL PEREZ REGO | VTAM- 19 | 00:47:52 | 04:22 | 00:47:42 | 04:21 | 00:34:10 A-8310 | Club Atletismo Porriño | Tui |
| 209 | 3834 LAUREANO ROMERO GARCIA | VTAM- 42 | 00:47:53 | 04:22 | 00:47:42 | 04:21 | 00:34:11 | Club Atletismo Vigo | VIGO |
| 210 | 3431 FRANCISCO BARROS PEREZ | VTBM- 21 | 00:47:55 | 04:22 | 00:47:15 | 04:18 | 00:34:36 | Independiente | VIGO |
| 211 | 3814 MANUEL MARTINEZ FERNÁNDEZ | SNM- 114 | 00:47:56 | 04:22 | 00:47:45 | 04:21 | 00:34:44 | Club Atletismo Porriño | PORRIÑO |
| 212 | 3824 PABLO SANTOS PAZOS | VTBM- 22 | 00:47:58 | 04:22 | 00:47:51 | 04:21 | 00:34:14 | Club Atletismo Vigo | VIGO |

CARRERA POPULAR VIGO + 11, Vigo 04/10/2009

Trofeo El Corte Ingles. Distancia: 11.000 m

CLASIFICACIÓN GENERAL MASCULINA Y FEMENINA

| | | | | | | | | | |
|-----|--|----------|----------|-------|----------|-------|------------------|-----------------------------|------------------------|
| 213 | 3698 WALDO REDONDO CARIDE | SNM- 115 | 00:47:58 | 04:22 | 00:47:19 | 04:19 | 00:34:25 | Independiente | VIGO |
| 214 | 3225 OSCAR ALONSO MENDAÑA | SNM- 116 | 00:47:59 | 04:22 | 00:47:50 | 04:21 | 00:34:16 | Independiente | VIGO |
| 215 | 3113 ANDRES GONZALEZ ALVAREZ | SNM- 117 | 00:48:00 | 04:22 | 00:47:45 | 04:21 | 00:34:30 | Independiente | VIGO |
| 216 | 3093 RAMON VILANOVA SOUTO | VTBM- 23 | 00:48:00 | 04:22 | 00:47:56 | 04:22 | 00:34:15 A 8506 | Comesaña Sporting Club | MOS |
| 217 | 3552 JUAN GONZÁLEZ RIVAS | SNM- 118 | 00:48:03 | 04:23 | 00:47:27 | 04:19 | 00:34:51 | Independiente | Redondela |
| 218 | 3835 LISARDO BLANCO VAZQUEZ | VTM- 20 | 00:48:03 | 04:23 | 00:47:55 | 04:22 | 00:34:32 | Club Atletismo Vigo | VIGO |
| 219 | 3466 ISMAEL CASAL MARIÑO | SNM- 119 | 00:48:04 | 04:23 | 00:47:44 | 04:21 | 00:34:36 | Independiente | Ponteareas |
| 220 | 3408 EUGENIO VARELA RODRIGUEZ | SNM- 120 | 00:48:06 | 04:23 | 00:47:43 | 04:21 | 00:33:51 | Independiente | VIGO |
| 221 | 3124 CESAR LEIROS FIGUEROA | SNM- 121 | 00:48:12 | 04:23 | 00:47:52 | 04:22 | 00:34:00 | Independiente | VIGO |
| 222 | 3016 JOSE ANTONIO PENEDO DA SILVA | VTBM- 24 | 00:48:14 | 04:24 | 00:47:51 | 04:21 | 00:34:52 | Athletics Aventura | VIGO |
| 223 | 3686 SERGIO RAMOS VIGO | VTDM- 3 | 00:48:15 | 04:24 | 00:48:09 | 04:23 | 00:34:21 | Independiente | VIGO |
| 224 | 3436 FRANCISCO JAVIER BERTOMEU CAPELAN | SNM- 122 | 00:48:16 | 04:24 | 00:47:35 | 04:20 | 00:34:47 | Independiente | VIGO |
| 225 | 3450 GERMAN SANTOS RODRIGUEZ | VTAM- 43 | 00:48:17 | 04:24 | 00:48:08 | 04:23 | 00:34:26 | Independiente | Chapela - Redondela |
| 226 | 3218 MARCOS MANUEL GARCIA LAGO | SNM- 123 | 00:48:19 | 04:24 | 00:47:56 | 04:22 | 00:34:44 | Independiente | Redondela |
| 227 | 3620 MARTIÑO NOGUEIRA CANLE | SNM- 124 | 00:48:20 | 04:24 | 00:48:07 | 04:23 | 00:34:41 | Independiente | VIGO |
| 228 | 3895 JOSE MANUEL RODRIGUEZ FERNANDEZ | VTAM- 44 | 00:48:22 | 04:24 | 00:48:11 | 04:23 | 00:33:44 | Independiente | Nigrán |
| 229 | 3398 ELKIN GARCIA BLANCO | SNM- 125 | 00:48:25 | 04:25 | 00:47:48 | 04:21 | 00:36:01 | Independiente | |
| 230 | 3825 GUILLERMO DIEZ FERNANDEZ | VTBM- 25 | 00:48:29 | 04:25 | 00:48:20 | 04:24 | 00:34:43 | Club Atletismo Vigo | VIGO |
| 231 | 3423 FERNANDO MELLADO SANTOS | VTAM- 45 | 00:48:30 | 04:25 | 00:47:53 | 04:22 | 00:34:50 | Independiente | Santiago de Compostela |
| 232 | 3878 XOSÉ MANUEL CARRERA CARRERA | VTAM- 46 | 00:48:32 | 04:25 | 00:48:13 | 04:23 | 00:34:59 | Taninos Runners Ponteareas | Ponteareas |
| 233 | 3595 MANUEL GARCIA PRADO | VTAM- 47 | 00:48:33 | 04:25 | 00:48:32 | 04:25 | 00:34:07 | Independiente | VIGO |
| 234 | 3170 JORGE CARNEIRO DENIS | SNM- 126 | 00:48:34 | 04:25 | 00:48:31 | 04:25 | 00:34:32 | Independiente | Baiona |
| 235 | 3861 FÉLIX GARCIA GONZÁLEZ | VTBM- 26 | 00:48:34 | 04:25 | 00:48:13 | 04:23 | 00:34:44 | Independiente | PONTEVEDRA |
| 236 | 3200 JUAN CARLOS CARCEDO FERNANDEZ | VTAM- 48 | 00:48:34 | 04:25 | 00:48:13 | 04:23 | 00:34:57 | Independiente | VIGO |
| 237 | 3322 ALBERTO GARRIDO DAPONTE | SNM- 127 | 00:48:35 | 04:25 | 00:48:23 | 04:24 | 00:34:33 | Independiente | Ponteareas |
| 238 | 3207 JULIO RODRIGUEZ LAGE | SNM- 128 | 00:48:36 | 04:26 | 00:48:24 | 04:24 | 00:34:16 | Independiente | Salvaterra de Miño |
| 239 | 3579 JULIO GIL LAREO | VTAM- 49 | 00:48:36 | 04:26 | 00:47:51 | 04:21 | 00:34:54 | Independiente | VIGO |
| 240 | 3480 JAVIER COVELO LAJO | SNM- 129 | 00:48:38 | 04:26 | 00:48:38 | 04:26 | | Independiente | |
| 241 | 3538 JOSE LUIS SIMOES FERNÁNDEZ | VTBM- 27 | 00:48:41 | 04:26 | 00:48:34 | 04:25 | 00:34:52 | Independiente | VIGO |
| 242 | 3590 MANUEL ESTEVEZ BARROS | SNM- 130 | 00:48:43 | 04:26 | 00:48:10 | 04:23 | 00:35:42 | Independiente | SALCEDA DE CASELAS |
| 243 | 3025 CELSO POUSA CEBREIROS | SNM- 131 | 00:48:44 | 04:26 | 00:48:05 | 04:23 | 00:34:40 A-10040 | c.d. val da rabeda | Pereiro de aguiar |
| 244 | 3576 JUAN PABLO PEREZ DIZ | SNM- 132 | 00:48:46 | 04:26 | 00:48:09 | 04:23 | 00:35:02 | Independiente | VIGO |
| 245 | 3412 FELIPE TOMBILLA PIÑEIRO | SNM- 133 | 00:48:47 | 04:27 | 00:48:15 | 04:24 | 00:35:14 | Independiente | VIGO |
| 246 | 3458 GUSTAVO LEYENDA RODRIGUEZ | SNM- 134 | 00:48:48 | 04:27 | 00:48:39 | 04:26 | 00:35:02 | Independiente | Baiona |
| 247 | 3350 AVELINO PEREZ SANTOS | VTBM- 28 | 00:48:50 | 04:27 | 00:48:36 | 04:26 | 00:35:02 | Independiente | VIGO |
| 248 | 3195 JOSÉ MANUEL LAGO COSTAS | SNM- 135 | 00:48:50 | 04:27 | 00:48:43 | 04:26 | 00:34:59 | Independiente | VIGO |
| 249 | 3851 JESUS PEREZ BALIRAC | VTAM- 50 | 00:48:50 | 04:27 | 00:48:34 | 04:25 | 00:35:05 | Independiente | Santiago de Compostela |
| 250 | 3540 JOSE LUIS DIAZ SIMIL | VTM- 21 | 00:48:50 | 04:27 | 00:48:45 | 04:26 | 00:35:08 | Independiente | BAYONA |
| 251 | 3410 EUGENIO LÓPEZ RODRÍGUEZ | VTM- 22 | 00:48:51 | 04:27 | 00:48:36 | 04:26 | 00:35:02 | Independiente | VIGO |
| 252 | 3804 ANTONIO MARIÑO SANTAMARIA | VTM- 23 | 00:48:52 | 04:27 | 00:48:43 | 04:26 | 00:35:06 | ATLETISMO BARBANZA DE POBRA | RIBEIRA |
| 253 | 3554 JUAN ORTIZ VAZQUEZ | VTAM- 51 | 00:48:53 | 04:27 | 00:48:34 | 04:25 | 00:34:58 | Independiente | VIGO |
| 254 | 3624 MIGUEL RAMOS LOPEZ | SNM- 136 | 00:48:54 | 04:27 | 00:47:59 | 04:22 | 00:35:01 | Independiente | VIGO |
| 255 | 3272 FÉLIX ÁLVAREZ RODRIGUEZ | VTDM- 4 | 00:48:54 | 04:27 | 00:48:49 | 04:27 | 00:35:13 | QUEIMADA | Baiona |
| 256 | 3085 HECTOR SOLVEIRA FERNANDEZ | XVM- 5 | 00:48:55 | 04:27 | 00:48:45 | 04:26 | 00:35:41 | CLUB TRIATLON MAR DE VIGO | VIGO |
| 257 | 3254 MARCOS ALVAREZ ACUÑA | SNM- 137 | 00:48:56 | 04:27 | 00:48:31 | 04:25 | 00:35:36 | NATURA | VIGO |
| 258 | 3651 PAULINO RODRIGUEZ VILLAR | VTBM- 29 | 00:48:57 | 04:27 | 00:48:40 | 04:26 | 00:35:07 | Independiente | VIGO |
| 259 | 3318 ALBERTO SANTORIO PALEO | SNM- 138 | 00:48:57 | 04:27 | 00:48:43 | 04:26 | 00:34:20 | Independiente | |
| 260 | 3116 ANXO MANUEL FERNÁNDEZ SABORIDO | SNM- 139 | 00:48:57 | 04:27 | 00:48:38 | 04:26 | 00:35:07 | Independiente | Ponteareas |
| 261 | 3523 JOSE AGUSTIN ALONSO VASCONCELLOS | VTAM- 52 | 00:49:00 | 04:28 | 00:48:29 | 04:25 | 00:35:15 | Independiente | Baiona |
| 262 | 3465 IÑAKI VALCARCEL LOPEZ | PRM- 7 | 00:49:02 | 04:28 | 00:48:48 | 04:27 | 00:34:55 | Independiente | Nigrán |
| 263 | 3246 TOMAS FERNANDEZ GIL | SNM- 140 | 00:49:03 | 04:28 | 00:49:00 | 04:28 | 00:34:58 | Independiente | CANGAS DE MORRAZO |
| 264 | 3101 ALBERTO GARCIA PORTAL | SNM- 141 | 00:49:04 | 04:28 | 00:48:46 | 04:26 | 00:35:17 | Independiente | PONTEVEDRA |
| 265 | 3043 JUSTO LUIS PARADA RODRÍGUEZ | VTM- 24 | 00:49:05 | 04:28 | 00:48:43 | 04:26 | 00:35:12 | CLUB ATLETISMO MASELGA | MOS |
| 266 | 3644 OSCAR PEQUENO COMESAÑA | SNM- 142 | 00:49:06 | 04:28 | 00:48:38 | 04:26 | 00:35:19 | Independiente | VIGO |

CARRERA POPULAR VIGO + 11, Vigo 04/10/2009

Trofeo El Corte Ingles. Distancia: 11.000 m

CLASIFICACIÓN GENERAL MASCULINA Y FEMENINA

| | | | | | | | | | | |
|-----|------|----------------------------------|----------|----------|-------|----------|-------|------------------|--------------------------------------|-------------------|
| 267 | 3080 | SERGIO RODRIGUEZ RODRIGUEZ | VTM- 25 | 00:49:08 | 04:28 | 00:48:46 | 04:26 | 00:34:30 | CLUB SAN BARTOLAMEU - MOAÑA | VIGO |
| 268 | 3298 | JOSE DOPAZO DIAZ | VTDM- 5 | 00:49:09 | 04:29 | 00:48:44 | 04:26 | 00:35:00 | VETERAN@S DE GALICIA | MARIN |
| 269 | 3643 | OSCAR ROSENDO BLANCO | SNM- 143 | 00:49:10 | 04:29 | 00:49:00 | 04:28 | 00:34:24 | Independiente | VIGO |
| 270 | 3695 | VICTOR MANUEL CARBALLIDO ARAUJO | VTAM- 53 | 00:49:11 | 04:29 | 00:49:00 | 04:28 | 00:35:11 | Independiente | Ponteareas |
| 271 | 3664 | RICARDO CASTRO GARCIA | SNM- 144 | 00:49:12 | 04:29 | 00:48:32 | 04:25 | 00:35:17 | Independiente | |
| 272 | 3294 | ENRIQUE VIÑAS ROMERO | SNM- 145 | 00:49:12 | 04:29 | 00:48:55 | 04:27 | 00:35:17 | UNIVERSIDADE DE VIGO | VIGO |
| 273 | 3046 | JOSE MANUEL INSUA INSUA | VTBM- 30 | 00:49:13 | 04:29 | 00:49:05 | 04:28 | 00:35:21 | CLUB ATLETISMO NOIA | NOIA |
| 274 | 3047 | SECHU GARCIA NUÑEZ | VTAM- 54 | 00:49:13 | 04:29 | 00:49:05 | 04:28 | 00:35:21 | CLUB ATLETISMO NOIA | NOIA |
| 275 | 3024 | LUIS M. VILANOVA MARTELO | VTAM- 55 | 00:49:13 | 04:29 | 00:49:03 | 04:28 | 00:35:21 | C.A. NOIA | NOIA |
| 276 | 3031 | SANTIAGO JOSE OUTEIRIÑO GALLEGO | SNM- 146 | 00:49:16 | 04:29 | 00:48:40 | 04:26 | 00:35:26 A-10037 | c.d. val da rabeda | TABOADELA |
| 277 | 3315 | ALBERTO VARANDAS GONZALEZ | SNM- 147 | 00:49:16 | 04:29 | 00:48:18 | 04:24 | 00:36:27 | Independiente | |
| 278 | 3188 | JOSE BENJAMIN LIMA LORENZO | SNM- 148 | 00:49:22 | 04:30 | 00:48:40 | 04:26 | 00:35:42 | Independiente | VIGO |
| 279 | 3049 | JOSE RAMON DEL CAMPO ALVAREZ | VTBM- 31 | 00:49:24 | 04:30 | 00:49:12 | 04:29 | 00:35:41 A8531 | Club Atletismo Porriño | PORRIÑO |
| 280 | 3224 | MIGUEL ANGEL POUSA BLANCO | SNM- 149 | 00:49:32 | 04:31 | 00:49:12 | 04:29 | 00:35:24 | Independiente | VIGO |
| 281 | 3433 | FRANCISCO AGULLA SALGADO | VTM- 26 | 00:49:33 | 04:31 | 00:49:27 | 04:30 | 00:35:17 | Independiente | VIGO |
| 282 | 3205 | JUAN MANUEL GONZALEZ ABRIL | SNM- 150 | 00:49:34 | 04:31 | 00:49:22 | 04:30 | 00:35:41 | Independiente | |
| 283 | 3459 | HÉCTOR ALVAREZ RODRÍGUEZ | SNM- 151 | 00:49:35 | 04:31 | 00:49:07 | 04:28 | 00:35:27 | Independiente | Monforte de Lemos |
| 284 | 3187 | JOSÉ ANTONIO UBEIRA PÉREZ | SNM- 152 | 00:49:35 | 04:31 | 00:49:24 | 04:30 | 00:35:47 | Independiente | As Neves |
| 285 | 3839 | ALBERTO LORES PEREZ | VTM- 27 | 00:49:37 | 04:31 | 00:49:37 | 04:31 | 00:35:46 | Club Atletismo Vigo | VIGO |
| 286 | 3902 | MANUEL LUGILDE RODRÍGUEZ | SNM- 153 | 00:49:37 | 04:31 | 00:49:21 | 04:30 | 00:35:25 | Independiente | LUGO |
| 287 | 3136 | ENRIQUE VILLAR CAMESELLE | SNM- 154 | 00:49:38 | 04:31 | 00:49:18 | 04:29 | 00:35:09 | Independiente | VIGO |
| 288 | 3481 | JAVIER UBEIRA REGO | SNM- 155 | 00:49:41 | 04:31 | 00:49:00 | 04:28 | 00:35:53 | Independiente | VIGO |
| 289 | 3195 | JOSÉ MANUEL LAGO COSTAS | SNM- | | | | | | Independiente | VIGO |
| 290 | 3035 | JOSÉ NOVOA SIO | SNM- 156 | 00:49:42 | 04:32 | 00:49:06 | 04:28 | 00:36:27 | Carmen Sio Flores y Plantas | VIGO |
| 291 | 3065 | JESUS ANTONIO VELILLA CASTRO | VTM- 28 | 00:49:42 | 04:32 | 00:49:25 | 04:30 | 00:35:55 | CLUB DE ATLETISMO VETERANOS DE SAMIL | VIGO |
| 292 | 3482 | JAVIER RUIZ RODRIGUEZ | SNM- 157 | 00:49:45 | 04:32 | 00:49:30 | 04:30 | 00:35:57 | Independiente | VIGO |
| 293 | 3609 | MARCOS CASTRO RODRIGUEZ | SNM- 158 | 00:49:46 | 04:32 | 00:49:15 | 04:29 | 00:35:51 | Independiente | VIGO |
| 294 | 3002 | FRANCISCO LUIS CAAMAÑO RAMA | VTM- 29 | 00:49:52 | 04:32 | 00:49:44 | 04:32 | 00:35:29 | AGRUPACION DEPORTIVA ATLETES | MUROS |
| 295 | 3871 | MIGUEL FRAGA COSTA | SNM- 159 | 00:49:53 | 04:33 | 00:49:09 | 04:29 | 00:36:04 | REAL CLUB NAUTICO DE VIGO | VIGO |
| 296 | 3033 | BERNARDO PEREZ RIAL | SNM- 160 | 00:49:54 | 04:33 | 00:49:19 | 04:29 | 00:36:28 | Carmen Sio Flores y Plantas | Nigrán |
| 297 | 3344 | ANTONIO ALONSO VALVERDE | VTM- 30 | 00:49:55 | 04:33 | 00:49:49 | 04:32 | 00:35:46 | Independiente | Gondomar |
| 298 | 3843 | LUCIANO RAMILO DANTAS | VTM- 31 | 00:49:57 | 04:33 | 00:49:16 | 04:29 | 00:36:00 | Club Atletismo Vigo | |
| 299 | 3219 | MATIAS BARREIRO RUIBAL | SNM- 161 | 00:49:58 | 04:33 | 00:49:40 | 04:31 | 00:35:59 | Independiente | BUEU |
| 300 | 3640 | ONDRES KRPAL | SNM- 162 | 00:50:00 | 04:33 | 00:49:58 | 04:33 | 00:35:52 | Independiente | |
| 301 | 3581 | LEOPOLDO GARCIA GONZALEZ | SNM- | | | | | | Independiente | vigo |
| 302 | 3370 | CELSO E PEREIRA PEREZ | VTAM- 56 | 00:50:06 | 04:34 | 00:49:27 | 04:30 | 00:36:41 | Independiente | |
| 303 | 3391 | DAVID MANUEL CABALEIRO RODRIGUEZ | SNM- 163 | 00:50:12 | 04:34 | 00:49:48 | 04:32 | 00:36:51 | Independiente | |
| 304 | 3027 | JESUS VILA BLANCO | VTBM- 32 | 00:50:13 | 04:34 | 00:49:33 | 04:31 | 00:36:26 A-10034 | c.d. val da rabeda | TABOADELA |
| 305 | 3422 | FERNANDO OTERO RAMIREZ | SNM- 164 | 00:50:14 | 04:34 | 00:49:39 | 04:31 | 00:35:49 | Independiente | VIGO |
| 306 | 3662 | RAUL VILLAR DA-VILA | SNM- 165 | 00:50:15 | 04:35 | 00:50:08 | 04:34 | 00:35:28 | Independiente | VIGO |
| 307 | 3060 | ELOY PRIETO CRIADO | VTM- 32 | 00:50:21 | 04:35 | 00:49:46 | 04:32 | 00:36:04 | CLUB DE ATLETISMO VETERANOS DE SAMIL | VIGO |
| 308 | 3237 | ROBERTO GONZALO ALVAREZ | SNM- 166 | 00:50:22 | 04:35 | 00:50:01 | 04:33 | 00:36:00 | Independiente | Ponteareas |
| 309 | 3600 | MANUEL MENDEZ RODRIGUEZ | VTBM- | | | | | | Independiente | VIGO |
| 310 | 3514 | JORGE E. CASTRO ABELLEIRA | VTM- 33 | 00:50:27 | 04:36 | 00:49:44 | 04:32 | 00:36:42 | Independiente | VIGO |
| 311 | 3316 | ALBERTO IGLESIAS CABALEIRO | SNM- 167 | 00:50:27 | 04:36 | 00:50:16 | 04:35 | 00:36:24 | Independiente | Redondela |
| 312 | 3061 | EMILIO CASTRO BARROS | VTM- 34 | 00:50:28 | 04:36 | 00:50:11 | 04:34 | 00:36:28 | CLUB DE ATLETISMO VETERANOS DE SAMIL | VIGO |
| 313 | 3292 | JUAN CARLOS GONZALEZ LAGO | SNM- 168 | 00:50:30 | 04:36 | 00:49:51 | 04:32 | 00:35:32 | Talleres pontesea | VIGO |
| 314 | 3555 | JUAN ANGEL FONTENLA ABELEDO | SNM- 169 | 00:50:30 | 04:36 | 00:49:53 | 04:33 | 00:36:21 | Independiente | VIGO |
| 315 | 3374 | DANIEL GREGORIO GOMEZ | SNM- 170 | 00:50:32 | 04:36 | 00:50:22 | 04:35 | 00:35:44 | Independiente | VIGO |
| 316 | 3231 | PEDRO MARIA SANTOS MARCILLA | VTBM- 33 | 00:50:33 | 04:36 | 00:50:08 | 04:34 | 00:36:48 | Independiente | VIGO |
| 317 | 3448 | GAEL LE CORRE CARLIN | XVM- 6 | 00:50:36 | 04:36 | 00:50:26 | 04:36 | 00:35:56 | Independiente | VIGO |
| 318 | 3703 | DIEGO MARTINEZ COSTAS | SNM- 171 | 00:50:37 | 04:37 | 00:49:54 | 04:33 | 00:37:30 | Independiente | VIGO |
| 319 | 3204 | JUAN LUIS GUEDE GONZALEZ | SNM- 172 | 00:50:37 | 04:37 | 00:50:03 | 04:33 | 00:37:06 | Independiente | VIGO |
| 320 | 3269 | MANUEL ROMÁN CABRAL | VTBM- 34 | 00:50:39 | 04:37 | 00:50:18 | 04:35 | 00:35:50 | PRECISGAL | VIGO |

CARRERA POPULAR VIGO + 11, Vigo 04/10/2009

Trofeo El Corte Ingles. Distancia: 11.000 m

CLASIFICACIÓN GENERAL MASCULINA Y FEMENINA

| | | | | | | | | | |
|-----|---|----------|----------|-------|----------|-------|----------|---|----------------------|
| 321 | 3518 JOSE SANLES PIÑEIRO | SNM- 173 | 00:50:40 | 04:37 | 00:50:32 | 04:36 | 00:35:48 | Independiente | A Pobra do Caramiñal |
| 322 | 3613 MARCOS BOULLOSA CARREIRA | SNM- 174 | 00:50:41 | 04:37 | 00:50:23 | 04:35 | 00:36:04 | Independiente | VIGO |
| 323 | 3058 BENITO GONZALEZ RODRIGUEZ | VTM- 35 | 00:50:43 | 04:37 | 00:50:15 | 04:35 | 00:37:12 | CLUB DE ATLETISMO VETERANOS DE SAMIL | VIGO |
| 324 | 3642 OSCAR DOCAMPO OLIVEIRA | SNM- 175 | 00:50:44 | 04:37 | 00:50:13 | 04:34 | 00:36:32 | Independiente | VIGO |
| 325 | 3110 ALEXIS MARIÑO CRESPO | SNM- 176 | 00:50:46 | 04:37 | 00:50:11 | 04:34 | 00:36:32 | Independiente | VIGO |
| 326 | 3513 JORGE ANTONIO CASTRO PEREZ | SNM- 177 | 00:50:48 | 04:38 | 00:50:21 | 04:35 | 00:36:51 | Independiente | VIGO |
| 327 | 3700 YAGO ANTOLÍN ABALDE | SNM- 178 | 00:50:49 | 04:38 | 00:50:28 | 04:36 | 00:36:38 | Independiente | VIGO |
| 328 | 3679 SANTIAGO GONZALEZ SAVIGNAT | SNM- 179 | 00:50:51 | 04:38 | 00:50:35 | 04:36 | 00:36:37 | Independiente | |
| 329 | 3145 FERNANDO A. BARRAL PIO | SNM- 180 | 00:50:51 | 04:38 | 00:50:10 | 04:34 | 00:36:28 | Independiente | VIGO |
| 330 | 3059 CEFERINO SANCHEZ GESTIDO | VTM- 36 | 00:50:52 | 04:38 | 00:50:35 | 04:36 | 00:36:18 | GA 15624 CLUB DE ATLETISMO VETERANOS DE SAMIL | VIGO |
| 331 | 3227 ÓSCAR FREIJEIRO GONZÁLEZ | SNM- 181 | 00:50:54 | 04:38 | 00:50:01 | 04:33 | 00:36:52 | Independiente | VIGO |
| 332 | 3442 FRANCISCO JAVIER MONTENEGRO CORREA | VTBM- 35 | 00:50:56 | 04:38 | 00:50:40 | 04:37 | 00:36:34 | Independiente | VIGO |
| 333 | 3328 ALFREDO PERELLO RODRÍGUEZ | VTAM- 57 | 00:50:56 | 04:38 | 00:50:44 | 04:37 | 00:36:25 | Independiente | VINCIOS |
| 334 | 3221 MIGUEL MARTINEZ COSTAS | SNM- 182 | 00:50:56 | 04:38 | 00:50:07 | 04:34 | 00:37:30 | Independiente | VIGO |
| 335 | 3865 JUAN C. RAÑA GREGORIO | SNM- 183 | 00:51:03 | 04:39 | 00:50:44 | 04:37 | 00:36:50 | LOS DESCONOCIDOS | VIGO |
| 336 | 3338 ANTONIO ALVAREZ BELLO | VTAM- 58 | 00:51:04 | 04:39 | 00:50:16 | 04:35 | 00:36:42 | Independiente | Ponteareas |
| 337 | 3425 FRANCISCO PORTELA PAZOS | SNM- 184 | 00:51:05 | 04:39 | 00:50:58 | 04:38 | 00:35:57 | Independiente | BUEU |
| 338 | 3511 JORGE FERREIROA GONZALEZ | VTM- 37 | 00:51:08 | 04:39 | 00:50:44 | 04:37 | 00:37:05 | Independiente | VIGO |
| 339 | 3010 ANTONIO LIBOREIRO COMESAÑA | SNM- 185 | 00:51:09 | 04:39 | 00:50:44 | 04:37 | 00:37:06 | Athletics Aventura | VIGO |
| 340 | 3165 JESUS CAO ALFONSO | VTBM- 36 | 00:51:12 | 04:40 | 00:51:12 | 04:40 | 00:36:41 | Independiente | VIGO |
| 341 | 3850 FERNANDO LAFUENTE | VTM- 38 | 00:51:12 | 04:40 | 00:50:50 | 04:38 | 00:37:14 | Independiente | PONTEVEDRA |
| 342 | 3489 JAVIER BLANCO GARCIA | VTAM- 59 | 00:51:13 | 04:40 | 00:51:00 | 04:39 | 00:35:34 | Independiente | VIGO |
| 343 | 3132 DIEGO ALONSO OTERO | SNM- 186 | 00:51:13 | 04:40 | 00:50:31 | 04:36 | 00:37:28 | Independiente | VIGO |
| 344 | 3151 GERARDO RIVEIRO FIGUEIRAS | VTDM- 6 | 00:51:14 | 04:40 | 00:51:14 | 04:40 | 00:36:54 | Independiente | VIGO |
| 345 | 3713 ARTURO DOMÍNGUEZ DOMÍNGUEZ | VTAM- 60 | 00:51:14 | 04:40 | 00:50:55 | 04:38 | 00:36:23 | Apol-ana | Mutxamel |
| 346 | 3637 NESTOR DOMINGUEZ GARCIA | VTBM- 37 | 00:51:15 | 04:40 | 00:51:12 | 04:40 | 00:36:36 | Independiente | VIGO |
| 347 | 3192 JOSE LUIS ARMADA LUACES | VTBM- 38 | 00:51:24 | 04:41 | 00:50:59 | 04:39 | 00:37:02 | Independiente | VIGO |
| 348 | 3669 ROBERTO MOREDA ANDRE | SNM- 187 | 00:51:31 | 04:41 | 00:51:04 | 04:39 | 00:37:01 | Independiente | |
| 349 | 3493 JEAN PAUL CHARVIN | VTBM- 39 | 00:51:31 | 04:41 | 00:51:15 | 04:40 | 00:36:38 | Independiente | |
| 350 | 3063 FRANCISCO XABIER ALONSO PEREZ | VTM- 39 | 00:51:35 | 04:42 | 00:51:35 | 04:42 | 00:36:30 | GA 15698 CLUB DE ATLETISMO VETERANOS DE SAMIL | VIGO |
| 351 | 3557 JUAN BASILIO ALONSO PEREZ | VTM- 40 | 00:51:35 | 04:42 | 00:51:24 | 04:41 | 00:36:30 | Independiente | |
| 352 | 3106 ALBERTO MEIJIDE RUIBAL | VTAM- 61 | 00:51:36 | 04:42 | 00:50:39 | 04:37 | 00:37:29 | Independiente | VIGO |
| 353 | 3342 ANTONIO MOREIRA CONDE | VTBM- 40 | 00:51:36 | 04:42 | 00:51:18 | 04:40 | 00:36:40 | Independiente | VIGO |
| 354 | 3071 MANUEL ALVAREZ ALVAREZ | VTBM- 41 | 00:51:39 | 04:42 | 00:51:37 | 04:42 | 00:33:04 | CLUB DE ATLETISMO VETERANOS DE SAMIL | VIGO |
| 355 | 3689 VALENTIN COMESAÑA FERNANDEZ | VTAM- 62 | 00:51:39 | 04:42 | 00:51:27 | 04:41 | 00:36:55 | Independiente | VIGO |
| 356 | 3593 MANUEL OYA FERNANDEZ | SNM- 189 | 00:51:41 | 04:42 | 00:51:03 | 04:39 | 00:37:35 | Independiente | VIGO |
| 357 | 3409 EUGENIO ALONSO BETANZOS | SNM- 188 | 00:51:41 | 04:42 | 00:51:03 | 04:39 | 00:37:34 | Independiente | VIGO |
| 358 | 3501 JESUS ANGEL RODRIGUEZ GONZALEZ | VTBM- 42 | 00:51:41 | 04:42 | 00:50:44 | 04:37 | 00:37:28 | Independiente | VIGO |
| 359 | 3229 PABLO GARCIA ALONSO | SNM- 190 | 00:51:44 | 04:43 | 00:50:55 | 04:38 | 00:37:23 | Independiente | VIGO |
| 360 | 3559 JUAN CARLOS IGLESIAS VIEITEZ | SNM- 191 | 00:51:47 | 04:43 | 00:51:24 | 04:41 | 00:36:52 | Independiente | |
| 361 | 3337 ANGEL LUIS ALONSO VILA | VTBM- 43 | 00:51:49 | 04:43 | 00:51:41 | 04:42 | 00:36:42 | Independiente | VIGO |
| 362 | 3259 JOSÉ GARABATOS FREIRÍA | SNM- 192 | 00:51:51 | 04:43 | 00:51:33 | 04:42 | 00:35:53 | PAPARRA | VIGO |
| 363 | 3095 YAGO LAGO ÁLVAREZ | SNM- 193 | 00:51:51 | 04:43 | 00:51:41 | 04:42 | 00:35:11 | Comesaña Sporting Club | VIGO |
| 364 | 3437 FRANCISCO JAVIER FREIRE PASTORIZA | VTAM- 63 | 00:51:52 | 04:43 | 00:51:18 | 04:40 | 00:36:55 | Independiente | VIGO |
| 365 | 3816 JOSE ISAIAS BURLIDO BORREGO | VTBM- 44 | 00:51:56 | 04:44 | 00:51:45 | 04:43 | 00:37:14 | A-6784 Club Atletismo Porriño | PORRIÑO |
| 366 | 3636 MOISES SOBRINO RODRIGUEZ | SNM- 194 | 00:51:59 | 04:44 | 00:51:35 | 04:42 | 00:36:51 | Independiente | Redondela |
| 367 | 3185 JOSE ALBERTO GAYO PIÑEIRO | SNM- 195 | 00:52:02 | 04:44 | 00:51:29 | 04:41 | 00:37:23 | Independiente | CANGAS DE MORRAZO |
| 368 | 3164 JESUS JANDRA GONZALEZ | VTAM- 64 | 00:52:02 | 04:44 | 00:51:28 | 04:41 | 00:36:44 | Independiente | VIGO |
| 369 | 3589 MANUEL ESCALANTE SIXTO | SNM- 196 | 00:52:03 | 04:44 | 00:52:00 | 04:44 | 00:36:05 | Independiente | VIGO |
| 370 | 3196 JUAN ANTONIO SOLLA PARGA | SNM- 197 | 00:52:10 | 04:45 | 00:52:03 | 04:44 | 00:37:57 | Independiente | VIGO |
| 371 | 3007 SECHU LOPEZ PEREZ | VTAM- 65 | 00:52:11 | 04:45 | 00:51:25 | 04:41 | 00:37:20 | ATHLETICS | VIGO |
| 372 | 3155 GUILLERMO LAGO PRECIADO | SNM- 198 | 00:52:12 | 04:45 | 00:52:04 | 04:44 | 00:37:49 | Independiente | VIGO |
| 373 | 3550 JOSE MARIA RODRIGUEZ PEREZ | SNM- 199 | 00:52:12 | 04:45 | 00:52:08 | 04:45 | 00:36:48 | Independiente | VIGO |
| 374 | 3314 ALBERTO ALVAREZ SIMON | SNM- 200 | 00:52:14 | 04:45 | 00:51:35 | 04:42 | 00:37:26 | Independiente | VIGO |

CARRERA POPULAR VIGO + 11, Vigo 04/10/2009

Trofeo El Corte Ingles. Distancia: 11.000 m

CLASIFICACIÓN GENERAL MASCULINA Y FEMENINA

| | | | | | | | | | |
|-----|---|----------|----------|-------|----------|-------|-------------------|--|---------------------|
| 375 | 3565 JUAN CARLOS PÉREZ VILA | VTAM- 66 | 00:52:14 | 04:45 | 00:51:45 | 04:43 | 00:36:49 | Independiente | TOMIÑO |
| 376 | 3029 JOSE FERNANDEZ BARRACEL | VTDM- 7 | 00:52:15 | 04:45 | 00:51:39 | 04:42 | 00:37:33 A-10036 | c.d. val da rabeda | OURENSE |
| 377 | 3139 ERIC SARAZOLA BORRIERO | VTAM- 67 | 00:52:16 | 04:46 | 00:51:30 | 04:41 | 00:37:16 | Independiente | Barrantes Ribadumia |
| 378 | 3357 CARLOS VILA MOLARES | XVM- 7 | 00:52:19 | 04:46 | 00:51:17 | 04:40 | 00:39:33 | Independiente | |
| 379 | 3544 JOSE MANUEL ALONSO PARADA | SNM- 201 | 00:52:19 | 04:46 | 00:51:40 | 04:42 | 00:37:41 | Independiente | Nigrán |
| 380 | 3497 JESUS CABALEIRO HERNANDEZ | VTBM- 45 | 00:52:20 | 04:46 | 00:52:16 | 04:46 | 00:36:55 | Independiente | VIGO |
| 381 | 3311 ALBERTO SANCHEZ DA CRUZ | SNM- 202 | 00:52:20 | 04:46 | 00:52:02 | 04:44 | 00:36:54 | Independiente | VIGO |
| 382 | 3605 MANUEL ENRIQUE FERNANDEZ FERNANDEZ | SNM- 203 | 00:52:20 | 04:46 | 00:51:41 | 04:42 | 00:37:41 | Independiente | VIGO |
| 383 | 3490 JAVIER ARMADA SAÁ | VTAM- 68 | 00:52:21 | 04:46 | 00:52:01 | 04:44 | 00:37:26 | Independiente | VIGO |
| 384 | 3379 DAVID CARBO ARGIBAY | XVM- 8 | 00:52:22 | 04:46 | 00:51:20 | 04:40 | 00:39:32 | Independiente | VIGO |
| 385 | 3189 JOSE ENRIQUE GOMEZ LOPEZ | VTBM- 46 | 00:52:23 | 04:46 | 00:51:33 | 04:42 | 00:37:39 | Independiente | PONTEVEDRA |
| 386 | 3067 JOSE ANTONIO FERNANDEZ DURAN | VTBM- 47 | 00:52:25 | 04:46 | 00:52:07 | 04:45 | 00:37:32 GA 19061 | CLUB DE ATLETISMO VETERANOS DE SAMIL | VIGO |
| 387 | 3541 JOSE LUIS MARTINEZ FERNANDEZ | VTDM- 8 | 00:52:26 | 04:46 | 00:52:19 | 04:46 | 00:37:14 | Independiente | VIGO |
| 388 | 3068 JOSE MANUEL CASTRO PUGA | VTBM- 48 | 00:52:26 | 04:46 | 00:52:09 | 04:45 | 00:36:54 | CLUB DE ATLETISMO VETERANOS DE SAMIL | VIGO |
| 389 | 3183 JOSÉ CASANOVA GONZÁLEZ | VTM- 41 | 00:52:29 | 04:47 | 00:51:51 | 04:43 | 00:37:42 | Independiente | VIGO |
| 390 | 3206 JUAN MANUEL SANROMAN BRAGA | VTBM- 49 | 00:52:29 | 04:47 | 00:51:50 | 04:43 | 00:37:42 | Independiente | VIGO |
| 391 | 3055 ANGEL PRADO NIETO | VTM- 42 | 00:52:36 | 04:47 | 00:52:17 | 04:46 | 00:37:39 GA 19052 | CLUB DE ATLETISMO VETERANOS DE SAMIL | VIGO |
| 392 | 3053 ADOLFO DIAZ IGLESIAS | VTDM- 9 | 00:52:37 | 04:47 | 00:52:02 | 04:44 | 00:37:43 GA 19632 | CLUB DE ATLETISMO VETERANOS DE SAMIL | VIGO |
| 393 | 3336 ÁNGEL VAZQUEZ CASTRO | VTM- 43 | 00:52:37 | 04:47 | 00:52:32 | 04:47 | 00:36:48 | Independiente | Nigrán |
| 394 | 3396 EDUARDO VALEIJE ALVAREZ | VTAM- 69 | 00:52:39 | 04:48 | 00:52:24 | 04:46 | 00:36:56 | Independiente | CHAPELA-REDONDELA |
| 395 | 3604 MANUEL GONZÁLEZ NÚÑEZ | VTM- 44 | 00:52:39 | 04:48 | 00:52:18 | 04:46 | 00:37:09 | Independiente | VIGO |
| 396 | 3405 ERNESTO ALCONADA GARCIA | SNM- | | | | | | Independiente | VIGO |
| 397 | 3683 SECUNDINO LUSQUIÑOS DOMINGUEZ | VTBM- 50 | 00:52:40 | 04:48 | 00:52:14 | 04:45 | 00:37:33 | Independiente | VIGO |
| 398 | 3351 BALTASAR MANZANO GONZALEZ | VTAM- 70 | 00:52:42 | 04:48 | 00:52:16 | 04:46 | 00:37:33 | Independiente | |
| 399 | 3625 MIGUEL CARIDE POSADA | SNM- 204 | 00:52:43 | 04:48 | 00:52:26 | 04:46 | 00:37:53 | Independiente | VIGO |
| 400 | 3127 DANIEL MAGAZ LLAMAS | SNM- 205 | 00:52:43 | 04:48 | 00:52:08 | 04:45 | 00:37:20 | Independiente | VIGO |
| 401 | 3462 IAGO PAZO RODRIGUEZ | PRM- 8 | 00:52:44 | 04:48 | 00:52:02 | 04:44 | 00:38:39 | Independiente | VIGO |
| 402 | 3661 RAMON CARNEIRO LEYENDA | VTM- 45 | 00:52:46 | 04:48 | 00:52:05 | 04:45 | 00:38:19 | Independiente | VIGO |
| 403 | 3208 MANUEL GREGORIO RODRÍGUEZ | SNM- 206 | 00:52:48 | 04:48 | 00:52:06 | 04:45 | 00:38:39 | Independiente | VIGO |
| 404 | 3267 JOSE MARIA ALONSO RODRIGUEZ | SNM- 207 | 00:52:49 | 04:49 | 00:52:18 | 04:46 | 00:38:09 | PRECISGAL | VIGO |
| 405 | 3270 JORGE NÚÑEZ | SNM- 208 | 00:52:49 | 04:49 | 00:52:18 | 04:46 | 00:38:10 | Puntopasionplaya | VIGO |
| 406 | 3586 LUIS M. MUÑIZ RODRIGUEZ | SNM- 209 | 00:52:51 | 04:49 | 00:52:14 | 04:45 | 00:38:05 | Independiente | Poio |
| 407 | 3247 JOSE FRANCISCO COVELO LOPEZ | VTAM- 71 | 00:52:53 | 04:49 | 00:52:03 | 04:44 | 00:38:34 | Jamones | VIGO |
| 408 | 3079 SUSO BAO VIDAL | VTBM- 51 | 00:52:53 | 04:49 | 00:52:11 | 04:45 | 00:38:05 | CLUB OLIMPICO DE VEDRA | Cambados |
| 409 | 3864 ROBERTO GONZALEZ BLANCO | SNM- 210 | 00:52:54 | 04:49 | 00:52:02 | 04:44 | 00:38:35 | LOMBIS | VIGO |
| 410 | 3006 JESUS GONZALEZ AREAL | VTBM- 52 | 00:52:56 | 04:49 | 00:52:50 | 04:49 | 00:37:57 | ATHLETICS | VIGO |
| 411 | 3495 JESUS CAMINO SOUTULLO | SNM- 211 | 00:52:58 | 04:49 | 00:51:55 | 04:44 | 00:39:04 | Independiente | VIGO |
| 412 | 3693 VÍCTOR RIVAS CID | VTM- 72 | 00:52:58 | 04:49 | 00:51:55 | 04:44 | 00:39:04 | Independiente | VIGO |
| 413 | 3516 JOSE FRIAS RODRIGUEZ | SNM- 212 | 00:53:04 | 04:50 | 00:52:59 | 04:49 | 00:37:21 | Independiente | VIGO |
| 414 | 3487 JAVIER HERNANDEZ MERCHAN | SNM- 213 | 00:53:05 | 04:50 | 00:52:38 | 04:48 | 00:38:07 | Independiente | VIGO |
| 415 | 3109 ALEJANDRO MARTINEZ GOMEZ | SNM- 214 | 00:53:06 | 04:50 | 00:52:51 | 04:49 | 00:37:32 | Independiente | VIGO |
| 416 | 3611 MARCOS QUEREZAETA COSTAS | SNM- 215 | 00:53:10 | 04:50 | 00:53:02 | 04:50 | 00:37:53 | Independiente | VIGO |
| 417 | 3238 ROGELIO FERNANDEZ CORDOVES | VTM- 46 | 00:53:16 | 04:51 | 00:52:44 | 04:48 | 00:38:33 | Independiente | Nigrán |
| 418 | 3179 JOSE PASCUAL CASTRO | SNM- 216 | 00:53:16 | 04:51 | 00:52:35 | 04:47 | 00:39:06 | Independiente | VIGO |
| 419 | 3404 ENRIQUE VILLAR ALVAREZ | VTM- 47 | 00:53:16 | 04:51 | 00:52:46 | 04:48 | 00:37:42 | Independiente | VIGO |
| 420 | 3517 JOSE AFONSO TEIXEIRA | SNM- 217 | 00:53:16 | 04:51 | 00:52:29 | 04:47 | 00:38:44 | Independiente | VIGO |
| 421 | 3596 MANUEL DOMINGUEZ ARAUJO | VTAM- 73 | 00:53:26 | 04:52 | 00:53:08 | 04:50 | 00:38:28 | Independiente | VIGO |
| 422 | 3535 JOSE LUIS ALVAREZ MIRANDA | SNM- 218 | 00:53:27 | 04:52 | 00:52:55 | 04:49 | 00:38:03 | Independiente | VIGO |
| 423 | 3610 MARCOS BENAVIDES HERNANDEZ | SNM- 219 | 00:53:28 | 04:52 | 00:52:29 | 04:47 | 00:38:54 | Independiente | VIGO |
| 424 | 3531 JOSE FELIX JIMENEZ MORALES | SNM- 220 | 00:53:33 | 04:53 | 00:53:16 | 04:51 | 00:39:07 | Independiente | VIGO |
| 425 | 3184 JOSE ALBERTO NOYA MARTINEZ | SNM- 221 | 00:53:33 | 04:53 | 00:52:42 | 04:48 | 00:38:18 | Independiente | MILLADOIRO-AMES |
| 426 | 3173 JORGE PÉREZ-JUSTE | SNM- 222 | 00:53:33 | 04:53 | 00:52:57 | 04:49 | 00:38:42 | Independiente | VIGO |
| 427 | 3005 JOSE LUIS ABALLE PIÑEIRO | VTAM- 74 | 00:53:37 | 04:53 | 00:53:18 | 04:51 | 00:38:28 | Asociacion Deportiva Atletismo San Miguel de Oya | VIGO |
| 428 | 3498 JESÚS FERNÁNDEZ CAMPO | VTAM- 75 | 00:53:37 | 04:53 | 00:53:04 | 04:50 | 00:38:30 | Independiente | VIGO |

CARRERA POPULAR VIGO + 11, Vigo 04/10/2009

Trofeo El Corte Ingles. Distancia: 11.000 m

CLASIFICACIÓN GENERAL MASCULINA Y FEMENINA

| | | | | | | | | | |
|-----|------------------------------------|----------|----------|-------|----------|-------|-------------------|--------------------------------------|--------------------|
| 429 | 3230 PEDRO LOPEZ FAILDE | SNM- 223 | 00:53:41 | 04:53 | 00:53:10 | 04:50 | 00:38:24 | Independiente | VIGO |
| 430 | 3066 JOSE ALVAREZ RODRIGUEZ | VTDM- 10 | 00:53:42 | 04:53 | 00:53:27 | 04:52 | 00:38:06 GA 16504 | CLUB DE ATLETISMO VETERANOS DE SAMIL | VIGO |
| 431 | 3222 MIGUEL BERNARDEZ MARTINEZ | SNM- 224 | 00:53:44 | 04:54 | 00:53:29 | 04:52 | 00:38:42 | Independiente | VIGO |
| 432 | 3150 GERARDO LÓPEZ REY | VTAM- 76 | 00:53:46 | 04:54 | 00:53:39 | 04:53 | 00:37:57 | Independiente | VIGO |
| 433 | 3135 ENRIQUE COMESAÑA FIGUEROA | SNM- 225 | 00:53:48 | 04:54 | 00:52:50 | 04:49 | 00:37:14 | Independiente | VIGO |
| 434 | 3428 FRANCISCO GUTIERREZ TORRES | SNM- 226 | 00:53:53 | 04:54 | 00:53:42 | 04:53 | 00:37:49 | Independiente | BUEU |
| 435 | 3100 ALBERTO LORENZO GIMÉNEZ | SNM- 227 | 00:53:53 | 04:54 | 00:53:20 | 04:51 | 00:38:38 | Independiente | VIGO |
| 436 | 3530 JOSE DOMINGO CARRERA CAMISON | VTAM- 77 | 00:53:59 | 04:55 | 00:53:07 | 04:50 | 00:39:30 | Independiente | VIGO |
| 437 | 3504 JOAQUIN VECINO ESCUADRA | VTAM- 78 | 00:53:59 | 04:55 | 00:53:31 | 04:52 | 00:39:14 | Independiente | VIGO |
| 438 | 3321 ALBERTO BRAGADO RODRIGUEZ | SNM- 228 | 00:54:13 | 04:56 | 00:53:49 | 04:54 | 00:38:54 | Independiente | VIGO |
| 439 | 3479 JAVIER SOLIÑO ALVAREZ | SNM- 229 | 00:54:22 | 04:57 | 00:54:21 | 04:57 | 00:38:11 | Independiente | VIGO |
| 440 | 3394 DIEGO NICOLAS RAVERA GIURIA | SNM- 230 | 00:54:22 | 04:57 | 00:53:35 | 04:53 | 00:39:10 | Independiente | VIGO |
| 441 | 3818 RAFAEL CAÑADA CASALES | VTBM- 53 | 00:54:26 | 04:57 | 00:54:15 | 04:56 | 00:39:06 | Club Atletismo Porriño | MOS |
| 442 | 3393 DIEGO JIMENEZ PEREZ | SNM- 231 | 00:54:27 | 04:57 | 00:53:55 | 04:55 | 00:38:04 | Independiente | VIGO |
| 443 | 3175 JORGE GARRIDO PEREZ | VTAM- 79 | 00:54:30 | 04:58 | 00:54:29 | 04:58 | 00:38:05 | Independiente | MOS |
| 444 | 3117 ARMANDO RODRIGUEZ ALONSO | VTBM- 54 | 00:54:31 | 04:58 | 00:54:11 | 04:56 | 00:38:38 | Independiente | VIGO |
| 445 | 3575 JUAN MANUEL LOPEZ BERNAL | VTM- 48 | 00:54:32 | 04:58 | 00:54:10 | 04:56 | 00:38:39 | Independiente | MONDARIZ BALNEARIO |
| 446 | 3536 JOSE LUIS MENDOZA PINTOR | VTAM- 80 | 00:54:33 | 04:58 | 00:54:03 | 04:55 | 00:39:34 | Independiente | VIGO |
| 447 | 3617 MARCOS MANUEL ROCHA ORGE | SNM- 232 | 00:54:34 | 04:58 | 00:53:50 | 04:54 | 00:39:01 | Independiente | VIGO |
| 448 | 3868 MIGUEL ANGEL MOCIÑO FREIRE | SNM- 233 | 00:54:36 | 04:58 | 00:54:00 | 04:55 | 00:39:40 | PATO BLANCO CELANOVA | CELANOVA |
| 449 | 3817 JOSE RAMON CONDE TORRES | VTM- 49 | 00:54:37 | 04:58 | 00:53:37 | 04:53 | 00:39:09 | Club Atletismo Porriño | PORRIÑO |
| 450 | 3696 VICTOR MANUEL MIGUEZ NOVOA | VTBM- 55 | 00:54:38 | 04:58 | 00:54:05 | 04:55 | 00:39:38 | Independiente | Ponteareas |
| 451 | 3553 JUAN CASTRO RIVEIRO | SNM- 234 | 00:54:40 | 04:59 | 00:53:53 | 04:54 | 00:38:57 | Independiente | |
| 452 | 3177 JORGE FERNANDO ALONSO DEL RÍO | VTAM- 81 | 00:54:44 | 04:59 | 00:54:01 | 04:55 | 00:39:50 | Independiente | VIGO |
| 453 | 3346 ARNAUD GLARIA | SNM- 235 | 00:54:48 | 04:59 | 00:54:10 | 04:56 | 00:39:10 | Independiente | |
| 454 | 3133 ELOY CORTABERRI LORENZO | SNM- 236 | 00:54:53 | 05:00 | 00:54:47 | 04:59 | 00:38:49 | Independiente | MOS |
| 455 | 3545 JOSE MANUEL FERNANDEZ FEIJOO | VTAM- 82 | 00:54:58 | 05:00 | 00:54:10 | 04:56 | 00:39:24 | Independiente | |
| 456 | 3485 JAVIER SANTOS GONZALEZ | SNM- 237 | 00:54:58 | 05:00 | 00:54:36 | 04:58 | 00:38:29 | Independiente | VIGO |
| 457 | 3568 JUAN CARLOS SOUTO DOMINGUEZ | VTDM- 11 | 00:54:59 | 05:00 | 00:54:53 | 05:00 | 00:38:59 | Independiente | |
| 458 | 3069 JUAN CAMEAN LAMPON | VTM- 50 | 00:55:04 | 05:01 | 00:55:02 | 05:01 | 00:37:41 | CLUB DE ATLETISMO VETERANOS DE SAMIL | VIGO |
| 459 | 3528 MANUEL RAMILO GUISANDE | VTAM- 83 | 00:55:07 | 05:01 | 00:54:26 | 04:57 | 00:39:06 | Independiente | VIGO |
| 460 | 3011 ANTONIO ESPARZA LÓPEZ | VTM- 51 | 00:55:07 | 05:01 | 00:54:24 | 04:57 | 00:39:14 | Athletics Aventura | VIGO |
| 461 | 3473 JAIME FERNÁNDEZ BLAS | SNM- 238 | 00:55:11 | 05:01 | 00:54:30 | 04:58 | 00:39:30 | Independiente | VIGO |
| 462 | 3143 FERNANDO ALONSO GOMEZ | VTAM- 84 | 00:55:11 | 05:01 | 00:54:20 | 04:57 | 00:40:14 | Independiente | VIGO |
| 463 | 3304 ABEL DARRIBA BARBA | SNM- 239 | 00:55:12 | 05:02 | 00:54:27 | 04:57 | 00:40:15 | Independiente | ARCADE,SOUTOMAIOR |
| 464 | 3154 GONZALO SANTOS FERNÁNDEZ | VTAM- 85 | 00:55:18 | 05:02 | 00:54:35 | 04:58 | 00:39:51 | Independiente | Nigrán |
| 465 | 3608 MARCOS NICOLAO LOUREIRO | SNM- 240 | 00:55:23 | 05:03 | 00:54:36 | 04:58 | 00:40:15 | Independiente | VIGO |
| 466 | 3649 PABLO GONZALEZ DOMINGUEZ | SNM- 241 | 00:55:27 | 05:03 | 00:55:14 | 05:02 | 00:39:44 | Independiente | Salvaterra de Miño |
| 467 | 3245 TINO FERNANDEZ GONZALEZ | VTM- 52 | 00:55:28 | 05:03 | 00:54:43 | 04:59 | 00:39:33 | Independiente | VIGO |
| 468 | 3388 DAVID COSTAS PEREZ | SNM- 242 | 00:55:31 | 05:03 | 00:55:08 | 05:01 | 00:39:00 | Independiente | VIGO |
| 469 | 3352 BENEDICTO ABALDE GONZALEZ | VTAM- 86 | 00:55:32 | 05:03 | 00:55:18 | 05:02 | 00:39:23 | Independiente | VIGO |
| 470 | 3618 MARTIN MARTINEZ CABEZAS | SNM- 243 | 00:55:33 | 05:03 | 00:54:32 | 04:58 | 00:40:38 | Independiente | VIGO |
| 471 | 3635 MIGUEL ÁNGEL DOMÍNGUEZ GÓMEZ | VTAM- 87 | 00:55:34 | 05:04 | 00:55:26 | 05:03 | 00:39:58 | Independiente | VIGO |
| 472 | 3240 SANTIAGO LAGO LARRÁN | VTM- 53 | 00:55:39 | 05:04 | 00:55:20 | 05:02 | 00:40:02 | Independiente | VIGO |
| 473 | 3615 MARCOS SANTOS PAZOS | VTBM- 56 | 00:55:40 | 05:04 | 00:55:06 | 05:01 | 00:40:01 | Independiente | VIGO |
| 474 | 3028 JORGE PUGA GONZALEZ | VTBM- 57 | 00:55:43 | 05:04 | 00:55:04 | 05:01 | 00:40:03 A-10030 | c.d. val da rabeda | OURENSE |
| 475 | 3603 MANUEL SOBRAL PARDAVILA | VTM- 54 | 00:55:44 | 05:04 | 00:55:14 | 05:02 | 00:40:15 | Independiente | VIGO |
| 476 | 3420 FERNANDO IGLESIAS CASTRO | SNM- 244 | 00:55:53 | 05:05 | 00:55:12 | 05:02 | 00:39:51 | Independiente | |
| 477 | 3171 JORGE VENTURA REGO | SNM- 245 | 00:55:53 | 05:05 | 00:55:13 | 05:02 | 00:39:51 | Independiente | VIGO |
| 478 | 3543 JOSE MANUEL CORTES ESTEVEZ | SNM- 246 | 00:55:55 | 05:05 | 00:55:04 | 05:01 | 00:40:07 | Independiente | |
| 479 | 3301 AARON SIENES ALONSO | PRM- 9 | 00:55:57 | 05:06 | 00:55:41 | 05:04 | 00:39:58 | Independiente | VIGO |
| 480 | 3653 PEDRO L FIRVIDA DIZ | SNM- 247 | 00:55:57 | 05:06 | 00:54:58 | 05:00 | 00:40:37 | Independiente | VIGO |
| 481 | 3234 RAMON HERMO REY | VTBM- 58 | 00:55:58 | 05:06 | 00:55:17 | 05:02 | 00:40:44 | Independiente | VIGO |
| 482 | 3483 JAVIER VILLATORO IGLESIAS | SNM- 248 | 00:55:58 | 05:06 | 00:55:23 | 05:03 | 00:40:10 | Independiente | VIGO |

CARRERA POPULAR VIGO + 11, Vigo 04/10/2009

Trofeo El Corte Ingles. Distancia: 11.000 m

CLASIFICACIÓN GENERAL MASCULINA Y FEMENINA

| | | | | | | | | | |
|-----|--|----------|----------|-------|----------|-------|-------------------|--------------------------------------|-------------------|
| 483 | 3562 JUAN CARLOS CASTRO ALONSO | SNM- 249 | 00:56:00 | 05:06 | 00:55:07 | 05:01 | 00:40:30 | Independiente | O Covelo |
| 484 | 3386 DAVID MÍGUEZ GARCÍA | SNM- 250 | 00:56:01 | 05:06 | 00:55:09 | 05:01 | 00:40:07 | Independiente | VIGO |
| 485 | 3228 PABLO ULLOA MEIJIDE | JNM- 4 | 00:56:04 | 05:06 | 00:55:50 | 05:05 | 00:39:00 | Independiente | VIGO |
| 486 | 3614 MARCOS ALVAREZ BAENA | SNM- 251 | 00:56:07 | 05:07 | 00:55:17 | 05:02 | 00:40:13 | Independiente | VIGO |
| 487 | 3076 TOMAS COUSIÑO VAZQUEZ | VTDM- 12 | 00:56:08 | 05:07 | 00:55:47 | 05:05 | 00:40:38 | CLUB DE ATLETISMO VETERANOS DE SAMIL | VIGO |
| 488 | 3180 JOSE RODRIGUEZ BLANCO | VTM- 55 | 00:56:08 | 05:07 | 00:55:31 | 05:03 | 00:40:38 | Independiente | VIGO |
| 489 | 3226 OSCAR LEDO MARTIN | SNM- 252 | 00:56:12 | 05:07 | 00:55:41 | 05:04 | 00:39:58 | Independiente | Ponteareas |
| 490 | 3084 JOSE CARLOS SANTIAGO CAMERON WALKER | VTBM- 59 | 00:56:13 | 05:07 | 00:55:48 | 05:05 | 00:40:29 | CLUB TRIATLON CORMORANS | VIGO |
| 491 | 3655 Pelayo NOVOA MIÑAMBRES | VTAM- 88 | 00:56:13 | 05:07 | 00:55:48 | 05:05 | 00:40:30 | Independiente | VIGO |
| 492 | 3486 JAVIER MOURE FERNANDEZ | SNM- 253 | 00:56:14 | 05:07 | 00:55:30 | 05:03 | 00:40:11 | Independiente | VIGO |
| 493 | 3706 CARLOS PÉREZ-BOUZADA GONZÁLEZ | VTAM- 89 | 00:56:22 | 05:08 | 00:56:02 | 05:06 | 00:40:10 | Independiente | VIGO |
| 494 | 3162 JAVIER DIOS VIDAL | SNM- 254 | 00:56:24 | 05:08 | 00:55:48 | 05:05 | 00:40:27 | Independiente | VIGO |
| 495 | 3507 JORGE CASTRO PÉREZ | SNM- 255 | 00:56:24 | 05:08 | 00:55:29 | 05:03 | 00:42:42 | Independiente | Redondela |
| 496 | 3241 SERGIO GÓMEZ GRAÑA | SNM- 256 | 00:56:25 | 05:08 | 00:55:47 | 05:05 | 00:40:39 | Independiente | VIGO |
| 497 | 3299 ANTONIO BERMUDEZ PEREZ | VTM- 56 | 00:56:29 | 05:09 | 00:56:05 | 05:06 | 00:40:44 | VIEIRASA | VIGO |
| 498 | 3521 JOSE GONZALEZ MIGUEZ | VTM- 57 | 00:56:30 | 05:09 | 00:55:42 | 05:04 | 00:40:00 | Independiente | Redondela |
| 499 | 3377 DARIO MANUEL COMESAÑA ALVAREZ | VTAM- 90 | 00:56:32 | 05:09 | 00:56:14 | 05:07 | 00:40:53 | Independiente | VIGO |
| 500 | 3708 JOSE LUIS BARRIO CUIÑAS | SNM- 257 | 00:56:34 | 05:09 | 00:56:04 | 05:06 | 00:40:50 | Independiente | VIGO |
| 501 | 3022 CESAR OSORIO DIEGUEZ | SNM- 258 | 00:56:36 | 05:09 | 00:55:45 | 05:05 | 00:41:50 | BEKELE RUNNING TEAM | VIGO |
| 502 | 3421 FERNANDO DELGADO MARZO | SNM- 259 | 00:56:36 | 05:09 | 00:55:47 | 05:05 | 00:41:51 | Independiente | VIGO |
| 503 | 3073 RAFAEL DE LOS ARCOS LAGE | VTDM- 13 | 00:56:46 | 05:10 | 00:56:25 | 05:08 | 00:40:39 GA 17458 | CLUB DE ATLETISMO VETERANOS DE SAMIL | VIGO |
| 504 | 3376 DANIEL PAREDES SEQUEIROS | SNM- 260 | 00:56:51 | 05:11 | 00:55:58 | 05:06 | 00:41:56 | Independiente | VIGO |
| 505 | 3472 JAIME CARRERA RAFAEL | SNM- 261 | 00:56:51 | 05:11 | 00:55:56 | 05:06 | 00:40:37 | Independiente | VIGO |
| 506 | 3169 JORGE GONZALEZ GANDARA | SNM- 262 | 00:56:52 | 05:11 | 00:56:11 | 05:07 | 00:40:25 | Independiente | VIGO |
| 507 | 3353 BENITO ANTA MERA | VTM- 58 | 00:56:52 | 05:11 | 00:56:39 | 05:09 | 00:40:43 | Independiente | VIGO |
| 508 | 3582 LOIS ARIAS CASTAÑO | SNM- 263 | 00:56:54 | 05:11 | 00:55:59 | 05:06 | 00:41:29 | Independiente | VIGO |
| 509 | 3331 ANDRES JESUS RODRIGUEZ LEMOS | VTM- 59 | 00:56:55 | 05:11 | 00:56:25 | 05:08 | 00:41:07 | Independiente | CANGAS |
| 510 | 3499 JESÚS ANDRÉS SILVA | VTAM- 91 | 00:57:10 | 05:12 | 00:56:38 | 05:09 | 00:41:08 | Independiente | VIGO |
| 511 | 3887 SANTIAGO FENOLLERA BOLÍBAR | SNM- 264 | 00:57:10 | 05:12 | 00:56:47 | 05:10 | 00:40:44 | VIEIRASA | VIGO |
| 512 | 3856 DANIEL PAZ ANTÓN | VTM- 60 | 00:57:11 | 05:12 | 00:56:28 | 05:08 | 00:40:49 | Independiente | TUI |
| 513 | 3013 CARLOS RIAL SUÁREZ | VTAM- 92 | 00:57:13 | 05:13 | 00:56:47 | 05:10 | 00:41:05 | Athletics Aventura | VIGO |
| 514 | 3075 SERGIO RIVAS MARTÍNEZ | VTDM- 14 | 00:57:16 | 05:13 | 00:57:02 | 05:12 | 00:41:09 | CLUB DE ATLETISMO VETERANOS DE SAMIL | VIGO |
| 515 | 3159 HECTOR VARELA TRIGO | SNM- 265 | 00:57:20 | 05:13 | 00:56:23 | 05:08 | 00:41:11 | Independiente | VIGO |
| 516 | 3597 MANUEL PEREZ PEREZ | VTAM- 93 | 00:57:22 | 05:13 | 00:56:48 | 05:10 | 00:40:59 | Independiente | VIGO |
| 517 | 3715 FERGUS COOK | SNM- 266 | 00:57:23 | 05:13 | 00:56:17 | 05:07 | 00:40:41 | Independiente | VIGO |
| 518 | 3157 GUSTAVO SUAREZ GULLON | SNM- 267 | 00:57:24 | 05:14 | 00:56:26 | 05:08 | 00:41:18 | Independiente | VIGO |
| 519 | 3217 MARCOS VÁZQUEZ GESTAL | SNM- 268 | 00:57:27 | 05:14 | 00:56:55 | 05:11 | 00:40:45 | Independiente | VIGO |
| 520 | 3435 FRANCISCO JAVIER AGULLA GONZALEZ | SNM- 269 | 00:57:34 | 05:14 | 00:57:07 | 05:12 | 00:40:43 | Independiente | VIGO |
| 521 | 3141 FERNANDO RAMOS CHACON | SNM- 270 | 00:57:34 | 05:14 | 00:57:07 | 05:12 | 00:40:44 | Independiente | VIGO |
| 522 | 3460 HECTOR JOSE PARDILLOS TORRES | SNM- 271 | 00:57:39 | 05:15 | 00:56:43 | 05:10 | 00:40:37 | Independiente | VIGO |
| 523 | 3232 RAFAEL COSTAS COSTAS | VTBM- 60 | 00:57:40 | 05:15 | 00:56:46 | 05:10 | 00:41:51 | Independiente | VIGO |
| 524 | 3527 JOSE ANTONIO MIRANDA RODAS | VTBM- 61 | 00:57:41 | 05:15 | 00:56:40 | 05:10 | 00:41:46 | Independiente | CANGAS |
| 525 | 3362 CARLOS BRAÑA VIDAL | SNM- 272 | 00:57:42 | 05:15 | 00:56:59 | 05:11 | 00:42:12 | Independiente | VIGO |
| 526 | 3102 ALBERTO FERNANDEZ LORENZO | SNM- 273 | 00:57:43 | 05:15 | 00:56:42 | 05:10 | 00:41:47 | Independiente | CANGAS DE MORRAZO |
| 527 | 3167 JOAQUIN SOTELO GALLEGO | SNM- 274 | 00:57:43 | 05:15 | 00:56:42 | 05:10 | 00:41:50 | Independiente | CANGAS |
| 528 | 3040 GERMAN JOAQUIN GONZALEZ ALVAREZ | SNM- 276 | 00:57:45 | 05:15 | 00:57:07 | 05:12 | 00:41:11 | CLUB ATLETISMO MASELGA | Nigrán |
| 529 | 3400 EMMANUEL GIRONDO RUEDA | SNM- 275 | 00:57:45 | 05:15 | 00:57:12 | 05:12 | 00:38:53 | Independiente | Baiona |
| 530 | 3201 JUAN CARLOS MARTINEZ ALVAREZ | VTAM- 94 | 00:57:48 | 05:16 | 00:56:47 | 05:10 | 00:41:50 | Independiente | CANGAS DE MORRAZO |
| 531 | 3866 EMILIO DARÍO LIZ LOSADA | VTAM- 95 | 00:57:52 | 05:16 | 00:57:07 | 05:12 | 00:42:25 | NATURA | VIGO |
| 532 | 3252 JUAN CARLOS SOTELO PARÍS | SNM- 277 | 00:57:52 | 05:16 | 00:57:08 | 05:12 | 00:42:25 | NATURA | VIGO |
| 533 | 3103 ALBERTO RODRIGUEZ CANELO | SNM- 278 | 00:57:53 | 05:16 | 00:57:21 | 05:13 | 00:42:15 | Independiente | Gondomar |
| 534 | 3121 CARLOS PEREZ GONZALEZ | SNM- 279 | 00:57:54 | 05:16 | 00:57:05 | 05:12 | 00:42:16 | Independiente | Nigrán |
| 535 | 3054 ALFONSO VARELA COSTAS | VTDM- 15 | 00:57:59 | 05:17 | 00:57:25 | 05:14 | 00:41:37 GA 19634 | CLUB DE ATLETISMO VETERANOS DE SAMIL | VIGO |
| 536 | 3211 MANUEL DUARTE CAMIÑO | SNM- 280 | 00:58:02 | 05:17 | 00:57:19 | 05:13 | 00:41:16 | Independiente | VIGO |

CARREIRA POPULAR VIGO + 11, Vigo 04/10/2009

Trofeo El Corte Ingles. Distancia: 11.000 m

CLASIFICACIÓN GENERAL MASCULINA Y FEMENINA

| | | | | | | | | | |
|-----|--------------------------------------|-----------|----------|-------|----------|-------|----------|-------------------------------|------------------------|
| 537 | 3678 SANTIAGO FREITA RAMOS | SNM- 281 | 00:58:03 | 05:17 | 00:57:47 | 05:16 | 00:40:41 | Independiente | VIGO |
| 538 | 3623 MIGUEL CAMPOS ALVAREZ | SNM- 282 | 00:58:08 | 05:18 | 00:57:52 | 05:16 | 00:42:03 | Independiente | |
| 539 | 3652 PEDRO PEREZ GABRIEL | VTAM- 96 | 00:58:08 | 05:18 | 00:57:50 | 05:16 | 00:40:36 | Independiente | VIGO |
| 540 | 3210 MANUEL HERMIDA BARREIRO | SNM- 283 | 00:58:09 | 05:18 | 00:57:29 | 05:14 | 00:42:33 | Independiente | Ribadavia |
| 541 | 3105 ALBERTO FERNÁNDEZ VARELA | SNM- 284 | 00:58:11 | 05:18 | 00:57:12 | 05:12 | 00:41:23 | Independiente | VIGO |
| 542 | 3233 RAMON DOMINGUEZ FERNANDEZ | VTAM- 97 | 00:58:11 | 05:18 | 00:57:20 | 05:13 | 00:42:19 | Independiente | Ribadavia |
| 543 | 3122 CARLOS PARRA PEREZ | SNM- 285 | 00:58:12 | 05:18 | 00:57:18 | 05:13 | 00:42:44 | Independiente | PONTEVEDRA |
| 544 | 3475 JAIME CARRERA IBARZÁBAL | VTAM- 61 | 00:58:16 | 05:18 | 00:57:20 | 05:13 | 00:42:05 | Independiente | VIGO |
| 545 | 3193 JOSE MANUEL RODRÍGUEZ PÉREZ | SNM- 286 | 00:58:25 | 05:19 | 00:57:18 | 05:13 | 00:42:21 | Independiente | Redondela |
| 546 | 3203 JUAN JOSE MILEGO FERNANDEZ | VTAM- 98 | 00:58:26 | 05:19 | 00:57:41 | 05:15 | 00:42:01 | Independiente | Baiona |
| 547 | 3078 IMRE KUKLA BOÁN | VTAM- 62 | 00:58:40 | 05:20 | 00:58:10 | 05:18 | 00:41:17 | Club Natación Vigo | VIGO |
| 548 | 3138 ENRIQUE BOUZAS CENTENO | VTAM- 99 | 00:58:43 | 05:21 | 00:58:16 | 05:18 | 00:41:49 | Independiente | VIGO |
| 549 | 3549 JOSE MARIA TOURON ESTEVEZ | SNM- 287 | 00:58:45 | 05:21 | 00:57:41 | 05:15 | 00:42:59 | Independiente | VIGO |
| 550 | 3403 ENRIQUE UCHA PEREZ | VTAM- 100 | 00:58:46 | 05:21 | 00:57:59 | 05:17 | 00:41:49 | Independiente | VIGO |
| 551 | 3375 DANIEL RODRIGUEZ JORGE | SNM- 288 | 00:58:48 | 05:21 | 00:57:56 | 05:16 | 00:42:44 | Independiente | VIGO |
| 552 | 3385 DAVID RODRIGUEZ SEOANE | SNM- 289 | 00:58:55 | 05:22 | 00:58:41 | 05:21 | 00:41:29 | Independiente | VIGO |
| 553 | 3858 CANDIDO VILABOA CRESPO | VTBM- | | | | | | Independiente | VIGO |
| 554 | 3334 ANGEL LEIROS PEREZ | VTAM- 101 | 00:58:57 | 05:22 | 00:58:17 | 05:18 | 00:42:14 | Independiente | VIGO |
| 555 | 3491 JAVIER BERMEJO SANTOS | VTBM- 62 | 00:59:05 | 05:23 | 00:58:36 | 05:20 | 00:42:36 | Independiente | VIGO |
| 556 | 3306 ADOLFO SANTIAGO LAGO PEREZ | SNM- 290 | 00:59:07 | 05:23 | 00:58:26 | 05:19 | 00:41:53 | Independiente | VIGO |
| 557 | 3646 PABLO LOSADA CRESPO | SNM- 291 | 00:59:08 | 05:23 | 00:58:40 | 05:20 | 00:42:34 | Independiente | VIGO |
| 558 | 3477 JAVIER IGLESIAS CASTRILLON | XVM- 9 | 00:59:10 | 05:23 | 00:59:08 | 05:23 | 00:40:47 | Independiente | VIGO |
| 559 | 3666 RICARDO HERRERO | VTAM- | | | | | | Independiente | |
| 560 | 3330 ANDRES GARCIA MOYA | VTDM- 16 | 00:59:16 | 05:24 | 00:58:17 | 05:18 | 00:42:43 | Independiente | VIGO |
| 561 | 3223 MIGUEL ANGEL DE DIOS ALVAREZ | SNM- 292 | 00:59:20 | 05:24 | 00:58:43 | 05:21 | 00:41:28 | Independiente | VIGO |
| 562 | 3191 JOSE LUIS OJEA RODRIGUEZ | VTBM- 63 | 00:59:28 | 05:25 | 00:58:41 | 05:21 | 00:42:45 | Independiente | Nigrán |
| 563 | 3239 SANTIAGO RUEDA RODRÍGUEZ-VILA | SNM- 293 | 00:59:32 | 05:25 | 00:58:57 | 05:22 | 00:42:41 | Independiente | VIGO |
| 564 | 3630 MIGUEL A OTERO SALGUEIRO | SNM- 294 | 00:59:32 | 05:25 | 00:58:36 | 05:20 | 00:43:12 | Independiente | |
| 565 | 3691 VICTOR VAZQUEZ FERNANDEZ | SNM- 295 | 00:59:40 | 05:26 | 00:58:53 | 05:22 | 00:42:33 | Independiente | VIGO |
| 566 | 3447 GABRIEL FERNÁNDEZ CARRERA | SNM- 296 | 00:59:43 | 05:26 | 00:58:49 | 05:21 | 00:42:29 | Independiente | VIGO |
| 567 | 3202 JUAN EUGENIO GUTIERREZ COSTAS | SNM- 297 | 00:59:54 | 05:27 | 00:59:01 | 05:22 | 00:42:47 | Independiente | MOAÑA |
| 568 | 3670 ROBERTO ALVARO ALONSO | SNM- 298 | 01:00:01 | 05:28 | 00:59:56 | 05:27 | 00:42:41 | Independiente | VIGO |
| 569 | 3503 JOAQUIN PORTABALES SANSEGUNDO | SNM- 299 | 01:00:01 | 05:28 | 00:59:12 | 05:23 | 00:43:12 | Independiente | VIGO |
| 570 | 3674 RUBEN CAÑON COVELO | XVM- 10 | 01:00:06 | 05:28 | 00:59:56 | 05:27 | 00:40:42 | Independiente | VIGO |
| 571 | 3639 OLEGARIO FERNANDEZ CLEMENTE | VTAM- 63 | 01:00:18 | 05:29 | 01:00:07 | 05:28 | 00:43:05 | Independiente | VIGO |
| 572 | 3880 JOSE MANUEL NAVARRO LORENZO | VTAM- 102 | 01:00:20 | 05:30 | 00:59:39 | 05:26 | 00:43:27 | Triatlon Universidade de Vigo | VIGO |
| 573 | 3628 MIGUEL IRIONDO TAPIOLES | VTAM- 103 | 01:00:24 | 05:30 | 00:59:35 | 05:25 | 00:43:55 | Independiente | VIGO |
| 574 | 3546 JOSE MANUEL OCAMPO MARTINEZ | VTBM- 64 | 01:00:24 | 05:30 | 00:59:33 | 05:25 | 00:43:55 | Independiente | Ponteareas |
| 575 | 3519 JOSE MEDINA CORDERO | SNM- 300 | 01:00:36 | 05:31 | 01:00:11 | 05:29 | 00:43:26 | Independiente | VIGO |
| 576 | 3384 DAVID FRAILE LÓPEZ | SNM- 301 | 01:00:41 | 05:31 | 01:00:00 | 05:28 | 00:42:47 | Independiente | Redondela |
| 577 | 3198 JUAN ANTONIO BAR NUÑEZ | VTAM- 104 | 01:00:44 | 05:32 | 01:00:03 | 05:28 | 00:44:19 | Independiente | VIGO |
| 578 | 3478 JAVIER BLANCO CORDERO | XVM- 11 | 01:00:53 | 05:33 | 01:00:00 | 05:28 | 00:44:31 | Independiente | |
| 579 | 3345 ANTONIO CORTES GONZALEZ | VTAM- 64 | 01:00:53 | 05:33 | 01:00:53 | 05:33 | 00:41:06 | Independiente | VIGO |
| 580 | 3307 AGUSTÍN GÓMEZ SONEIRA | SNM- 302 | 01:00:54 | 05:33 | 01:00:25 | 05:30 | 00:43:02 | Independiente | VIGO |
| 581 | 3668 ROBERTO RODRIGUEZ IGLESIAS | SNM- 303 | 01:01:01 | 05:33 | 01:00:19 | 05:29 | 00:43:45 | Independiente | VIGO |
| 582 | 3149 FRANCISCO JAVIER LÓPEZ GONZÁLEZ | VTBM- 65 | 01:01:38 | 05:37 | 01:00:40 | 05:31 | 00:44:51 | Independiente | VIGO |
| 583 | 3178 JOSE LOUREIRO AMIGO | SNM- 304 | 01:01:48 | 05:38 | 01:01:10 | 05:34 | 00:43:46 | Independiente | Santiago de Compostela |
| 584 | 3411 FEDERICO MARTIN HERRADOR | SNM- 305 | 01:01:49 | 05:38 | 01:01:04 | 05:34 | 00:42:53 | Independiente | |
| 585 | 3626 MIGUEL GOMEZ ALCOCER | VTAM- 105 | 01:01:50 | 05:38 | 01:01:43 | 05:37 | 00:42:17 | Independiente | VIGO |
| 586 | 3160 IGNACIO CARRERA SOTO | VTAM- 106 | 01:02:01 | 05:39 | 01:01:04 | 05:34 | 00:44:25 | Independiente | VIGO |
| 587 | 3888 GERMÁN COLLAZO BARRERAS | VTAM- 65 | 01:02:04 | 05:39 | 01:01:32 | 05:36 | 00:45:07 | VIEIRASA | VIGO |
| 588 | 3168 JOAQUIN SUEIRO JUSTEL | VTAM- 66 | 01:02:18 | 05:40 | 01:01:32 | 05:36 | 00:45:24 | Independiente | VIGO |
| 589 | 3569 JUAN FCO CASTRO PEREZ | SNM- 306 | 01:02:25 | 05:41 | 01:01:30 | 05:36 | 00:45:39 | Independiente | VIGO |
| 590 | 3268 MANUEL TEIJEIRO FERNÁNDEZ | VTAM- 107 | 01:02:39 | 05:42 | 01:02:03 | 05:39 | 00:46:30 | PRECISGAL | VIGO |

CARREIRA POPULAR VIGO + 11, Vigo 04/10/2009

Trofeo El Corte Ingles. Distancia: 11.000 m

CLASIFICACIÓN GENERAL MASCULINA Y FEMENINA

| | | | | | | | | | |
|-----|-----------------------------------|-----------|----------|-------|----------|-------|----------|--------------------------------------|---------------------|
| 591 | 3882 ANTONIO REBOREDA FERNANDEZ | SNM- 307 | 01:02:52 | 05:43 | 01:02:20 | 05:40 | 00:40:31 | Triatlón-Real Club Náutico de Vigo | VIGO |
| 592 | 3522 JOSÉ LIMA SUÁREZ | VTBM- 66 | 01:03:00 | 05:44 | 01:02:07 | 05:39 | 00:45:49 | Independiente | VIGO |
| 593 | 3656 RAFAEL MARCELINO PEREIRA | SNM- 308 | 01:03:17 | 05:46 | 01:03:17 | 05:46 | | Independiente | |
| 594 | 3387 DAVID PIÑEIRO RODRIGUEZ | SNM- 309 | 01:03:41 | 05:48 | 01:02:59 | 05:44 | 00:44:45 | Independiente | |
| 595 | 3903 MIGUEL GARCIA VAZQUEZ | SNM- 310 | 01:04:01 | 05:50 | 01:03:17 | 05:46 | 00:46:31 | Independiente | A Coruña |
| 596 | 3621 MATIAS GUTIERREZ IGLESIAS | VTAM- 108 | 01:04:04 | 05:50 | 01:03:59 | 05:49 | 00:44:54 | Independiente | VIGO |
| 597 | 3356 CANDIDO OTERO SALGUEIRO | SNM- 311 | 01:04:04 | 05:50 | 01:03:07 | 05:45 | 00:45:20 | Independiente | |
| 598 | 3812 RUBEN HUERTAS OTERO | SNM- 312 | 01:04:16 | 05:51 | 01:03:15 | 05:45 | 00:46:39 | Club atletismo Porriño | VIGO |
| 599 | 3577 JULIO CARPINTERO DOMINGUEZ | SNM- 313 | 01:04:38 | 05:53 | 01:03:38 | 05:48 | 00:45:12 | Independiente | VIGO |
| 600 | 3248 ABEL DESTAR GONZALEZ | SNM- 314 | 01:04:40 | 05:53 | 01:03:49 | 05:49 | 00:46:30 | LOMBIS | VIGO |
| 601 | 3249 MANUEL ANGEL GARRIDO ALVAREZ | VTAM- 109 | 01:04:40 | 05:53 | 01:03:49 | 05:49 | 00:46:30 | LOMBIS | VIGO |
| 602 | 3120 CANDIDO PEREZ CEVIÑO | VTAM- 67 | 01:04:47 | 05:54 | 01:03:58 | 05:49 | 00:45:52 | Independiente | VIGO |
| 603 | 3147 FRANCISCO VALLVERDÚ BAENA | SNM- 315 | 01:05:00 | 05:55 | 01:04:30 | 05:52 | 00:46:03 | Independiente | VIGO |
| 604 | 3506 JONATHAN RIVERO ACOSTA | PRM- 10 | 01:05:24 | 05:57 | 01:04:24 | 05:52 | 00:46:36 | Independiente | VIGO |
| 605 | 3692 VICTOR LAGO VILA | SNM- 316 | 01:05:24 | 05:57 | 01:04:25 | 05:52 | 00:46:36 | Independiente | |
| 606 | 3395 EDELMIRO ULLOA ALONSO | VTBM- 67 | 01:05:26 | 05:57 | 01:04:56 | 05:55 | 00:47:10 | Independiente | |
| 607 | 3062 ENRIQUE BLANCO SILVA | VTAM- 68 | 01:05:26 | 05:57 | 01:05:06 | 05:56 | 00:46:17 | CLUB DE ATLETISMO VETERANOS DE SAMIL | VIGO |
| 608 | 3453 GONZALO OJEA RODRIGUEZ | VTAM- 110 | 01:06:06 | 06:01 | 01:05:20 | 05:57 | 00:45:48 | Independiente | VIGO |
| 609 | 3570 JUAN JOSE ALVAREZ CASTRO | VTAM- 111 | 01:06:08 | 06:01 | 01:05:13 | 05:56 | 00:46:58 | Independiente | O MILLADOIRO - AMES |
| 610 | 3415 FELIX MARTINEZ MEIS | VTBM- 68 | 01:06:27 | 06:03 | 01:06:09 | 06:01 | 00:46:08 | Independiente | |
| 611 | 3390 DAVID E PINAL OTERO | VTAM- 69 | 01:06:49 | 06:05 | 01:06:03 | 06:01 | 00:47:33 | Independiente | |
| 612 | 3532 JOSE FERNANDO LLORCA FREIRE | VTDM- | | | | | | Independiente | VIGO |
| 613 | 3220 MIGUEL SPUCH CALVAR | SNM- 317 | 01:07:12 | 06:07 | 01:06:27 | 06:03 | 00:47:30 | Independiente | VIGO |
| 614 | 3243 SILVANO MONTES SÁNCHEZ | VTAM- 70 | 01:07:16 | 06:07 | 01:06:27 | 06:03 | 00:47:54 | Independiente | Baiona |
| 615 | 3809 CARLOS LOPEZ LUIS | SNM- 318 | 01:07:45 | 06:10 | 01:06:53 | 06:05 | 00:51:09 | C.T. CORMORANES | VIGO |
| 616 | 3534 JOSE LUIS ROJAS ALONSO | SNM- 319 | 01:07:54 | 06:11 | 01:07:00 | 06:06 | 00:50:21 | Independiente | VIGO |
| 617 | 3660 RAMON DIAZ BRAOJOS | SNM- 320 | 01:09:10 | 06:18 | 01:08:37 | 06:15 | 00:50:14 | Independiente | |
| 618 | 3510 JORGE PAINCEIRA MACIÑEIRAS | VTAM- 71 | 01:09:11 | 06:18 | 01:08:37 | 06:15 | 00:50:15 | Independiente | VIGO |
| 619 | 3057 ARTURO RIVAS MARTÍNEZ | VTDM- 17 | 01:10:24 | 06:24 | 01:09:43 | 06:21 | 00:50:42 | CLUB DE ATLETISMO VETERANOS DE SAMIL | VIGO |
| 620 | 3152 GERMAN MOURIÑO LOURIDO | SNM- 321 | 01:10:50 | 06:27 | 01:10:27 | 06:25 | 00:50:18 | Independiente | VIGO |
| 621 | 3235 RICARDO RODRIGUEZ GOMEZ | SNM- 322 | 01:10:56 | 06:27 | 01:10:01 | 06:22 | 00:50:23 | Independiente | VIGO |
| 622 | 3566 JUAN CARLOS VILLAR DIÉGUEZ | VTBM- 69 | 01:11:42 | 06:32 | 01:11:05 | 06:28 | 00:50:28 | Independiente | Redondela |
| 623 | 3414 FELIX VILLARAVIZ IGLESIAS | SNM- | | | | | | Independiente | VIGO |
| 624 | 3690 VICTOR RODRIGUEZ CESPEDES | PRM- 11 | 01:18:09 | 07:07 | 01:18:00 | 07:06 | 00:53:43 | Independiente | VIGO |
| 625 | 3131 DIEGO BLANCO BAHILLO | SNM- 323 | 01:18:40 | 07:10 | 01:17:58 | 07:06 | 00:56:28 | Independiente | VIGO |
| 626 | 3687 TOMAS TUNNELL CEREIJO | JNM- 5 | 01:25:10 | 07:45 | 01:24:57 | 07:44 | 00:58:40 | Independiente | VIGO |
| 627 | 3312 ALBERTO ALONSO INSUA | SNM- 324 | 01:25:47 | 07:48 | 01:25:00 | 07:44 | 00:59:11 | Independiente | VIGO |

CARREIRA POPULAR VIGO + 11, Vigo 04/10/2009

Trofeo El Corte Ingles. Distancia: 11.000 m

CLASIFICACIÓN GENERAL MASCULINA Y FEMENINA**FEMENINO**

| PtoSex | Dorsal | Nombre | Puesto Catego. | Tiempo Oficial | Ritmo km | Tiempo Real | Ritmo km Real | Meta Volante Caixanova | Licencia | Club | Localidad |
|--------|--------|-------------------------------------|----------------|----------------|----------|-------------|---------------|------------------------|----------|--|--------------------|
| 1 | 3090 | MARTA FERNÁNDEZ OTERO | SNF- 1 | 00:39:15 | 03:35 | 00:39:15 | 03:35 | 00:28:00 | GA15940 | Comesaña Sporting Club | Gondomar |
| 2 | 3262 | MARÍA JESÚS GESTIDO RODRÍGUEZ | SNF- 2 | 00:39:50 | 03:38 | 00:39:50 | 03:38 | 00:28:24 | | Playas de Jandía | CANGAS DE MORRAZO |
| 3 | 3089 | MARÍA SOLEDAD CASTRO SOLIÑO | VTAF- 1 | 00:40:08 | 03:39 | 00:40:07 | 03:39 | 00:28:46 | GA 9172 | Comesaña Sporting Club | MOS |
| 4 | 3263 | SOLANGE ANDREIA PEREIRA | PRF- 1 | 00:41:46 | 03:48 | 00:41:46 | 03:48 | 00:29:40 | | Playas de Jandía | CANGAS |
| 5 | 3705 | ÁGUEDA BLANCO PÉREZ | SNF- 3 | 00:42:49 | 03:54 | 00:42:45 | 03:54 | 00:30:29 | GA14402 | COMESAÑA SPORTING CLUB | VIGO |
| 6 | 3020 | SARA PEREZ RODRIGUEZ | PRF- 2 | 00:43:56 | 04:00 | 00:43:54 | 04:00 | 00:31:22 | | Atletismo Femenino Celta de Vigo | MOS |
| 7 | 3018 | CRISTINA ESTEVEZ CRESPO | SNF- 4 | 00:45:24 | 04:08 | 00:45:24 | 04:08 | 00:32:28 | | Atletismo Femenino Celta de Vigo | VIGO |
| 8 | 3325 | BEATRIZ FERNÁNDEZ GIL | SNF- 5 | 00:45:44 | 04:10 | 00:45:42 | 04:10 | 00:32:39 | | Independiente | CANGAS DE MORRAZO |
| 9 | 3088 | MARÍA DE LAS MERCEDES GÓMEZ ALONSO | SNF- 6 | 00:46:02 | 04:12 | 00:45:37 | 04:09 | 00:33:02 | GA-19992 | Comesaña Sporting Club | VIGO |
| 10 | 3019 | PAULA MARIÑO GONDA | SNF- 7 | 00:46:10 | 04:12 | 00:46:09 | 04:12 | 00:33:13 | | Atletismo Femenino Celta de Vigo | VIGO |
| 11 | 3256 | LETICIA FERNANDEZ BARBOSA | XVF- 1 | 00:46:50 | 04:16 | 00:46:50 | 04:16 | 00:33:23 | | OURENSE ATLETISMO ACADEMIA POSTAL | A guarda |
| 12 | 3290 | JOANA COSTA COSTA | SNF- 8 | 00:47:22 | 04:19 | 00:47:17 | 04:18 | 00:33:23 | | SPORTING CLUBE DE BRAGA | Braga |
| 13 | 3492 | MARIA DEL ROSARIO FIGUEROA FIGUEROA | SNF- 9 | 00:49:04 | 04:28 | 00:49:01 | 04:28 | 00:35:25 | | Independiente | BUEU |
| 14 | 3870 | MONICA INCERA FILGUEIRA | SNF- 10 | 00:49:08 | 04:28 | 00:48:42 | 04:26 | 00:35:34 | | REAL CLUB NAUTICO DE VIGO | VIGO |
| 15 | 3077 | BELÉN RODRÍGUEZ LÓPEZ | SNF- 11 | 00:50:39 | 04:37 | 00:50:18 | 04:35 | 00:35:50 | | CLUB METROPOLITAN | VIGO |
| 16 | 3288 | TERESA GONZALEZ NUÑEZ | SNF- 12 | 00:51:16 | 04:40 | 00:50:57 | 04:38 | 00:36:46 | | SOCIEDAD DEPORTIVA ATLETISMO SAN MIGUEL DE OYA | Redondela |
| 17 | 3592 | PENELOPE LAGO LOPEZ | SNF- 13 | 00:51:29 | 04:41 | 00:50:51 | 04:38 | 00:37:25 | | Independiente | VIGO |
| 18 | 3091 | MONTSERRAT CARREIRA COSTAS | VTAF- 2 | 00:51:32 | 04:42 | 00:51:32 | 04:42 | 00:36:46 | | Comesaña Sporting Club | VIGO |
| 19 | 3496 | MARIA JOSE VELAZQUEZ GARCIA | VTAF- 3 | 00:51:41 | 04:42 | 00:50:43 | 04:37 | 00:37:29 | | Independiente | VIGO |
| 20 | 3863 | SONIA ALONSO MIGUEZ | SNF- 14 | 00:52:53 | 04:49 | 00:52:02 | 04:44 | 00:38:35 | | LOMBIS | VIGO |
| 21 | 3347 | BLANCA LABANDEIRA FERNÁNDEZ | SNF- 15 | 00:53:50 | 04:54 | 00:53:27 | 04:52 | 00:38:58 | | Independiente | VIGO |
| 22 | 3126 | DAVINIA VAQUEIRO MARTÍNEZ | SNF- 16 | 00:54:00 | 04:55 | 00:53:50 | 04:54 | 00:38:43 | | Independiente | Salceda de Caselas |
| 23 | 3558 | MONTSERRAT ALVAREZ NOVOA | SNF- 17 | 00:54:02 | 04:55 | 00:53:51 | 04:54 | 00:38:15 | | Independiente | Ponteareas |
| 24 | 3074 | SONIA AMATRIAIN SUAREZ | SNF- 18 | 00:54:08 | 04:56 | 00:54:05 | 04:55 | 00:38:43 | | CLUB DE ATLETISMO VETERANOS DE SAMIL | VIGO |
| 25 | 3271 | CARMEN COSTAS RODRIGUEZ | VTAF- 1 | 00:54:41 | 04:59 | 00:54:41 | 04:59 | 00:38:48 | | QUEIMADA | Baiona |
| 26 | 3416 | EVA GARCIA COUÑAGO | SNF- 19 | 00:54:58 | 05:00 | 00:54:42 | 04:59 | 00:39:23 | | Independiente | VIGO |
| 27 | 3368 | CORA FERNANDEZ DACOSTA | PRF- 3 | 00:55:28 | 05:03 | 00:54:42 | 04:59 | 00:39:33 | | Independiente | VIGO |
| 28 | 3341 | BELÉN PEREZ RODRIGUEZ | VTBF- 1 | 00:55:45 | 05:05 | 00:55:02 | 05:01 | 00:39:49 | | Independiente | VIGO |
| 29 | 3574 | PAULA MARTINEZ PRIETO | SNF- 20 | 00:56:01 | 05:06 | 00:55:33 | 05:03 | 00:40:09 | | Independiente | VIGO |
| 30 | 3260 | ISABEL RODRIGUEZ ALVAREZ | VTBF- 2 | 00:56:18 | 05:08 | 00:55:31 | 05:03 | 00:40:50 | | Penta deporte y salud | VIGO |
| 31 | 3671 | SUSANA CARBALLO BALOIRA | SNF- 21 | 00:56:56 | 05:11 | 00:56:32 | 05:09 | 00:40:28 | | Independiente | A Coruña |
| 32 | 3039 | ANA MARIA GOMEZ GARCIA | SNF- 22 | 00:57:42 | 05:15 | 00:57:09 | 05:12 | 00:41:11 | | CLUB ATLETISMO FLORISTERIA CARMEN SIO | VIGO |
| 33 | 3064 | MARIA ANGELES PAMPIN FACORRO | VTAF- 2 | 00:57:59 | 05:17 | 00:57:58 | 05:17 | 00:41:37 | | CLUB DE ATLETISMO VETERANOS DE SAMIL | VIGO |
| 34 | 3009 | PATRICIA ARRIBAS DAVILA | SNF- 23 | 00:58:16 | 05:18 | 00:57:50 | 05:16 | 00:42:04 | | ATHLETICS ALUPORTA | VIGO |
| 35 | 3467 | MARGARITA COSTAS VILA | VTBF- 3 | 00:58:22 | 05:19 | 00:58:07 | 05:17 | 00:41:38 | | Independiente | VIGO |
| 36 | 3148 | JARA MARIA VERA ARMADA | SNF- 24 | 00:58:25 | 05:19 | 00:57:27 | 05:14 | 00:42:22 | | Independiente | MOS |
| 37 | 3156 | Mª DOLORES GARCIA LAGE | SNF- 25 | 00:58:57 | 05:22 | 00:58:17 | 05:18 | 00:42:17 | | Independiente | VIGO |
| 38 | 3319 | ANA LAMAS PEREZ | SNF- 26 | 00:59:08 | 05:23 | 00:58:40 | 05:20 | 00:42:35 | | Independiente | VIGO |
| 39 | 3034 | DOLORES ALEJOS ALONSO | SNF- 27 | 00:59:11 | 05:23 | 00:58:38 | 05:20 | 00:41:54 | | Carmen Sio Flores y Plantas | Nigrán |
| 40 | 3654 | SOFIA GONZÁLE DE LA CUESTA | VTAF- 4 | 00:59:21 | 05:24 | 00:58:55 | 05:22 | 00:42:48 | | Independiente | VIGO |
| 41 | 3107 | ANA ANDRES DE LA IGLESIA | VTAF- 5 | 00:59:34 | 05:25 | 00:59:08 | 05:23 | 00:42:51 | | Independiente | VIGO |
| 42 | 3284 | DOLORES VAZQUEZ FERNANDEZ | VTAF- 6 | 00:59:43 | 05:26 | 00:59:15 | 05:24 | 00:42:36 | | SOCIEDAD DEPORTIVA ATLETISMO SAN MIGUEL DE OYA | Priegue Nigrán |
| 43 | 3697 | YOLANDA TIZON CLARO | SNF- 28 | 00:59:53 | 05:27 | 00:59:30 | 05:25 | 00:43:34 | | Independiente | VIGO |
| 44 | 3591 | PAZ RODRIGUEZ ALONSO | VTAF- 7 | 00:59:59 | 05:28 | 00:59:32 | 05:25 | 00:43:08 | | Independiente | VIGO |
| 45 | 3130 | ELENA DE FRANCISCO MELON | SNF- 29 | 01:00:12 | 05:29 | 00:59:49 | 05:27 | 00:43:09 | | Independiente | VIGO |
| 46 | 3251 | ELI OYA ALVAREZ | SNF- 30 | 01:00:35 | 05:31 | 01:00:07 | 05:28 | 00:43:10 | | metropolitan | VIGO |
| 47 | 3456 | M. JOSEFA VIEITEZ MARTINEZ | VTAF- 8 | 01:00:57 | 05:33 | 01:00:33 | 05:31 | 00:43:45 | | Independiente | VIGO |
| 48 | 3104 | ANA VILLAR GUZMAN | SNF- 31 | 01:00:59 | 05:33 | 01:00:31 | 05:31 | 00:43:56 | | Independiente | VIGO |
| 49 | 3146 | ISABEL PASTORIZA-SANTOS | SNF- 32 | 01:01:00 | 05:33 | 01:00:23 | 05:30 | 00:42:44 | | Independiente | VIGO |
| 50 | 3214 | PILAR VELA FERNÁNDEZ | SNF- 33 | 01:01:03 | 05:33 | 01:00:36 | 05:31 | 00:43:23 | | Independiente | Gondomar |

CARREIRA POPULAR VIGO + 11, Vigo 04/10/2009

Trofeo El Corte Ingles. Distancia: 11.000 m

CLASIFICACIÓN GENERAL MASCULINA Y FEMENINA

| | | | | | | | | | |
|----|-------------------------------------|----------|----------|-------|----------|-------|------------------|--|--------------------|
| 51 | 3324 ANA MARIA SANCHEZ QUINTAS | SNF- 34 | 01:01:03 | 05:33 | 01:00:36 | 05:31 | 00:43:23 | Independiente | Gondomar |
| 52 | 3508 MARIA LUISA GONZALEZ RODRIGUEZ | VTCF- 3 | 01:01:07 | 05:34 | 01:01:01 | 05:33 | 00:35:17 | Independiente | VIGO |
| 53 | 3667 SUSANA GONZÁLEZ ANTE | SNF- 35 | 01:01:20 | 05:35 | 01:00:51 | 05:32 | 00:44:13 | Independiente | VIGO |
| 54 | 3114 BEATRIZ VARANDAS GONZÁLEZ | SNF- 36 | 01:01:52 | 05:38 | 01:00:55 | 05:33 | 00:44:17 | Independiente | VIGO |
| 55 | 3358 CELIA SEIJO SOUTO | VTAF- 9 | 01:02:28 | 05:41 | 01:02:06 | 05:39 | 00:44:52 | Independiente | VIGO |
| 56 | 3397 ELENA MOURE FERNANDEZ | SNF- 37 | 01:02:43 | 05:43 | 01:02:00 | 05:39 | 00:44:02 | Independiente | |
| 57 | 3297 AMALIA OTERO GONZÁLEZ | VTCF- 4 | 01:02:46 | 05:43 | 01:02:14 | 05:40 | 00:44:30 | VETERAN@S DE GALICIA | MARIN |
| 58 | 3086 AMALIA DOPAZO OTERO | SNF- 38 | 01:02:47 | 05:43 | 01:02:15 | 05:40 | 00:44:30 GA14400 | Comesaña Sporting Club | MARIN |
| 59 | 3161 MARIA OTERO RAMIREZ | SNF- 39 | 01:03:10 | 05:45 | 01:02:35 | 05:42 | 00:45:16 | Independiente | VIGO |
| 60 | 3612 ROSANA RODRIGUEZ CASAL | VTAF- 10 | 01:03:41 | 05:48 | 01:03:18 | 05:46 | 00:45:02 | Independiente | VIGO |
| 61 | 3158 Mª REGINA VÁZQUEZ ANTONIO | VTBF- 4 | 01:03:45 | 05:48 | 01:02:57 | 05:44 | 00:45:40 | Independiente | VIGO |
| 62 | 3470 MARIA LOPEZ PARCERO | SNF- 40 | 01:04:47 | 05:54 | 01:03:56 | 05:49 | 00:45:52 | Independiente | Redondela |
| 63 | 3283 CONCEPCION VILAR CARNEIRO | VTBF- 5 | 01:04:54 | 05:54 | 01:04:24 | 05:52 | 00:46:54 | SOCIEDAD DEPORTIVA ATLETISMO SAN MIGUEL DE OYA | Nigrán |
| 64 | 3607 RENETA FORMOSO GOMEZ | SNF- 41 | 01:05:24 | 05:57 | 01:04:24 | 05:52 | 00:46:37 | Independiente | VIGO |
| 65 | 3438 JOSEFINA BARROS RIVEIRO | VTCF- 5 | 01:05:26 | 05:57 | 01:05:07 | 05:56 | 00:46:17 | Independiente | VIGO |
| 66 | 3176 MARÍA ROSA PÉREZ RODRÍGUEZ | VTBF- 6 | 01:05:44 | 05:59 | 01:04:55 | 05:55 | 00:48:09 | Independiente | VIGO |
| 67 | 3332 BEATRIZ FERNANDEZ REY | SNF- 42 | 01:06:04 | 06:01 | 01:05:19 | 05:57 | 00:47:11 | Independiente | VIGO |
| 68 | 3382 DIANA VARELA COSTAS | SNF- 43 | 01:06:28 | 06:03 | 01:05:59 | 06:00 | 00:47:55 | Independiente | Baiona |
| 69 | 3367 CONSUELO LAGO DOLDAN | VTCF- 6 | 01:06:28 | 06:03 | 01:05:59 | 06:00 | 00:47:56 | Independiente | Baiona |
| 70 | 3563 NOEMIA SIENES ALONSO | SNF- 44 | 01:06:33 | 06:03 | 01:06:18 | 06:02 | 00:48:12 | Independiente | VIGO |
| 71 | 3003 SARA CAAMAÑO RAMA | XVF- 2 | 01:06:38 | 06:04 | 01:06:14 | 06:02 | 00:47:49 | AGRUPACION DEPORTIVA ATLETES | MUROS |
| 72 | 3199 MONTSE LOPEZ LOPEZ | SNF- 45 | 01:06:51 | 06:05 | 01:05:59 | 06:00 | 00:48:18 | Independiente | VIGO |
| 73 | 3512 MARIA TERESA ALFONSO ALVAREZ | SNF- 46 | 01:08:37 | 06:15 | 01:08:05 | 06:12 | 00:48:24 | Independiente | |
| 74 | 3343 BERTA HERNANDEZ ALFAGEME | VTAF- 11 | 01:11:20 | 06:30 | 01:10:52 | 06:27 | 00:51:08 | Independiente | VIGO |
| 75 | 3676 SUSANA LENGUAS GIL | SNF- | | | | | | Independiente | VIGO |
| 76 | 3704 MARÍA JOSEFA FREIRIA MOSQUERA | VTCF- 7 | 01:11:32 | 06:31 | 01:11:02 | 06:28 | 00:50:38 A-8451 | SAN MIGUEL DE OYA | Baiona |
| 77 | 3688 VANESA MARIA MIGUEZ AGRA | SNF- 47 | 01:11:34 | 06:31 | 01:10:41 | 06:26 | 00:51:20 | Independiente | VIGO |
| 78 | 3849 ÁNGELES CRUZ VILA | SNF- 48 | 01:11:36 | 06:31 | 01:10:42 | 06:26 | 00:51:50 | egovarros.viveiro | VIGO |
| 79 | 3282 CARMEN VASCONCELLOS BALBOA | VTDF- 1 | 01:11:57 | 06:33 | 01:11:26 | 06:30 | 00:51:22 | SOCIEDAD DEPORTIVA ATLETISMO SAN MIGUEL DE OYA | Baiona |
| 80 | 3099 ALEXANDRA QUIROGA FERNANDEZ | SNF- 49 | 01:12:27 | 06:36 | 01:11:35 | 06:31 | 00:52:08 | Independiente | VIGO |
| 81 | 3681 SUSANA FREIRE SALGADO | VTAF- 12 | 01:12:53 | 06:38 | 01:12:03 | 06:33 | 00:51:54 | Independiente | VIGO |
| 82 | 3339 BEATRIZ BARBARA RODRIGUEZ | VTAF- | | | | | | Independiente | VIGO |
| 83 | 3441 JULIANA LLOVES PEQUEÑO | VTAF- 13 | 01:13:24 | 06:41 | 01:13:12 | 06:40 | 00:51:25 | Independiente | VIGO |
| 84 | 3632 SILVIA ROSA VIÑAS ROMERO | SNF- 50 | 01:17:46 | 07:05 | 01:16:54 | 07:00 | 00:55:39 | Independiente | |
| 85 | 3886 LORENA GARCIA LAGO | SNF- 51 | 01:17:47 | 07:05 | 01:16:55 | 07:00 | 00:55:39 | UNIVERSIDADE DE VIGO | VIGO |
| 86 | 3302 A. BEATRIZ NUÑEZ RIOBO | SNF- 52 | 01:18:52 | 07:11 | 01:18:07 | 07:07 | 00:57:10 | Independiente | VIGO |
| 87 | 3407 ESTHER GALINDO GARCIA | VTAF- 14 | 01:18:52 | 07:11 | 01:18:07 | 07:07 | 00:57:10 | Independiente | VIGO |
| 88 | 3627 SILVIA COSTAS CARREIRA | VTAF- 15 | 01:21:00 | 07:22 | 01:20:10 | 07:18 | 00:57:11 | Independiente | VIGO |
| 89 | 3564 OLGA CARREIRA COSTAS | VTCF- 8 | 01:21:00 | 07:22 | 01:20:11 | 07:18 | 00:57:11 | Independiente | VIGO |
| 90 | 3440 JULIA CHAMOSA MARTIN | VTBF- 7 | 01:21:05 | 07:23 | 01:20:15 | 07:18 | 00:57:19 | Independiente | VIGO |
| 91 | 3602 REGINA PEREZ IGLESIAS | VTCF- 9 | 01:21:05 | 07:23 | 01:20:15 | 07:18 | 00:57:58 | Independiente | VIGO |
| 92 | 3455 M VICENTA GONZALEZ PARDO | VTCF- 10 | 01:23:01 | 07:33 | 01:21:57 | 07:27 | 00:53:44 | Independiente | Nigrán |
| 93 | 3413 EVA VIEITEZ MOURIÑO | SNF- 53 | 01:24:33 | 07:42 | 01:24:27 | 07:41 | 00:59:55 | Independiente | VIGO |
| 94 | 3417 EVA SIMON PASTORIZA | VTAF- | | | | | | Independiente | VIGO |
| 95 | 3567 PATRICIA FERNANDEZ GONZALEZ | XVF- 3 | 01:25:10 | 07:45 | 01:24:57 | 07:44 | 00:58:41 | Independiente | VIGO |
| 96 | 3419 INES BARREIRO CRESPO | VTAF- | | | | | | Independiente | VIGO |
| 97 | 3515 MARIA YOLANDA ALONSO CARRERA | SNF- 54 | 01:25:47 | 07:48 | 01:24:57 | 07:44 | 00:59:33 | Independiente | VIGO |
| 98 | 3194 MÓNICA ROTEVA VARELA | SNF- 55 | 01:30:28 | 08:14 | 01:29:58 | 08:11 | 01:02:42 | Independiente | MÓNDARIZ BALNEARIO |
| 99 | 3364 CONCEPCION ALONSO COMESAÑA | VTDF- 2 | 01:30:32 | 08:14 | 01:30:03 | 08:12 | 01:03:18 | Independiente | VIGO |